



Caterham School - Summer Term - Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Chilled Juices	Orange Juice Apple Juice	Orange Juice Apple Juice	Orange Juice Apple Juice	Orange Juice Apple Juice	Orange Juice Apple Juice	Orange Juice Apple Juice	Orange Juice Apple Juice
Cereals	A Selection of Cereals including Handmade Muesli						
Hot Breakfast	Grilled Back Bacon Grilled Sausages Scrambled Eggs Baked Beans	Grilled Back Bacon Grilled Sausages Fried Eggs Baked Beans	Continental Breakfast Croissants Pain au Chocolate Belgium Waffles Boiled Eggs Sliced Cheese Cooked Meats Waffle Toppings	Grilled Back Bacon Grilled Sausages Poached Eggs Baked Beans	Grilled Back Bacon Grilled Sausages Scrambled Eggs Baked Beans	Grilled Back Bacon Grilled Sausages Omelette Baked Beans	Full English Breakfast Grilled Back Bacon Grilled Sausages Scrambled Eggs Baked Beans Hash Browns Grilled Tomatoes Fried Mushrooms
Yoghurts & Toppings	Freshly made Yogurt with a Variety of Toppings						
Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit
Toast & Preserves	Brown and White Bread Toasted with a Selection of Preserves						
Beverages	A Selection of Teas, Coffees and Hot Chocolate						



Caterham School - Summer Term Week 1 – Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup & Bread	Mushroom and Tarragon White Bread	Vegetable and Parsley Herb Bread	Tomato & Basil Onion Bread	Carrot and Coriander Olive Bread	Broccoli Granary Bread	Corn Chowder Crusty White Bread	<u>Mid Day Snack</u> <u>Packed Lunch</u>
Main	Roasted Honey and Mustard Chicken Thighs	Mediterranean Beef Casserole	Turkey a la King	Lamb London Roast	Tempura Battered Hake	Roasted Cumberland Sausages	
Hot Salad Item	New Zealand Hoki with a Light Tomato and Olive Sauce	Marinated Chicken Skewers	Hand Rolled Beef Meatballs in a Spiced Sauce	Chilli and Bacon Jambalaya	Roast Turkey Escallops		
Vegetarian	Leek and Potato Frittata	Vegetable Kebabs with Aioli	Cauliflower and Lentil Dhansak	Aubergine and Tomato Layer Bake	Roasted Vegetable Lasagne	Mushroom and Tarragon Sausages	
Pasta, Salad & Noodle Bar	Freshly Cooked Pasta with Pesto Cream Sauce or Ham with Pepper & Herb Garlic Bread	Freshly Prepared Greek Salad	Freshly Cooked Egg Noodles with Thai Fish Sauce	Freshly Prepared Chicken Caesar Salad	Freshly Cooked Pasta with Tomato & Olive Or Three Cheese Garlic Bread	Freshly Cooked Pasta with Sicilian Cauliflower Garlic Bread	
	Fresh Hot Jacket Potato Available at the Pasta, Salad, Noodle Bar						
Seasonal Vegetables & Potato	Roast Potatoes Carrots and Broccoli	New Potatoes French Beans with Red Onions	Braised Long Grain Rice Savoy Cabbage and Courgettes	Crushed New Potatoes with Olive Oil Spring Greens	Chips Peas and Sweet Corn	Creamy Mashed Potato Roasted Vegetables	
Seasonal Salads	Seasonal Salad Selection						
Sweet Selection	Marble Sponge Cake with Fresh Custard	Jam and Coconut Short Bread	Chocolate Sponge with Chocolate Sauce	Mandarin Cheese Cake	Rice Pudding with Jam Sauce	Doughnuts	
Fruits & Yoghurts	A selection of Fresh Cut Fruit and Yoghurt with Assorted Toppings						



Caterham School - Summer Term Week 1 – Supper Menu

	Monday	Tuesday.	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Soup of the Day	Themed Day	Soup of the Day	BBQ	Soup of the Day	Soup of the Day	Soup of the Day
Main	Baguettes with Steak and Onion or Turkey and Cranberry	Themed Day	Pork Fajitas	BBQ	Spiced Chicken Wings	Pizza Pepperoni Chicken Tikka Pizza	Honey Roast Gammon
Vegetarian	Baguette with Halloumi and Roasted Peppers	Themed Day	Mixed Bean Fajitas	BBQ	Hand Made Vegetable Samosa	Mushroom and Red Onion Pizza	Butter Bean and Vegetable Hot Pot
Seasonal Vegetables & Potatoes	Coleslaw Onion Rings	Themed Day	Oven Baked Wedges Peppers and Onions	BBQ	Parmentier Potatoes Green Beans	Curly Fries Sweet Corn	Roast Potatoes Braised Red Cabbage and Courgettes
Pasta Bar	Freshly Cooked Pasta with Carbonnara	Themed Day	Freshly Cooked Pasta with Tomato & Pepperoni	BBQ	Freshly Cooked Pasta with Bolognaise	Freshly Cooked Pasta with Creamy Mustard Chicken	Freshly Cooked Pasta with Tomato & Basil
Seasonal Salads	<i>Seasonal Salad Selection</i>						
Daily Hot Cake/Biscuit	Chocolate Mousse	Themed Day	Profiteroles with Chocolate Sauce	Ice Cream	Bread and Butter Pudding	Mixed Fruit Strudel	Apple and Blackberry Crumble
Fresh Fruits & Yogurt	A selection of Fresh Cut Fruit and Yogurt with Assorted Toppings						



Caterham School - Summer Term Week 2 – Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Pumpkin and Apple Olive Bread	Minestrone Brown Bread	Butterbean and Spring Onion Chilli Bread	Spiced Parsnip Cheese Bread	Vegetable Onion Bread	Root Vegetable Crusty Granary	<u>Mid Day Snack</u> <u>Packed Lunch</u>
Main	Lamb Tagine	Turkey Stroganoff with Button Mushrooms	Traditional Beef Lasagne	Whole Roasted Chicken Leg	Tempura Battered Hake	Chilli Con Carne	
Hot Salad Item	Grilled Coriander and Lemon Chicken Thigh	Breaded Pork Escallops	Teriyaki New Zealand Hoki	Lamb and Cranberry Parcels	Pork Meatballs in a Tomato Sauce		
Vegetarian	Spiced Falafel with Yogurt and Pita Bread	Brie and Leek Strudel	Wild Mushroom Risotto	Bubble and Squeak with Roasted Tomatoes	Macaroni and Cheese	Mixed Vegetable Chilli	
Pasta, Salad & Noodle Bar	Freshly Cooked Pasta with Carbonnara Tomato and Aubergine	Freshly Prepared Chicken Caesar Salad	Freshly Cooked Egg Noodles with Chicken and Ginger	Freshly Prepared Greek Salad	Freshly Cooked Pasta with Creamed Broccoli Sausage & Tomato	Freshly Cooked Pasta with Onion and Parmesan	
Fresh Hot Jacket Potato Available at the Pasta, Salad, Noodle Bar							
Seasonal Vegetables & Potato	Cous Cous Roasted Vegetables	Cardamom Rice French Beans and Carrots	Garlic Bread Courgettes and Peppers	New Potatoes Broccoli and Cauliflower	Chips Peas and Sweet Corn	Braised Rice Green Beans	
Seasonal Salads	Seasonal Salad Selection						
Sweet Selection	Toffee Apple Sponge with Custard	Mixed Fruit Crumble	Banana, Date and Raisin Bake with Custard	Lemon Poke Cake with a Lemon Sauce	Semolina Jam Sauce	Doughnuts	
Fresh Fruits & Yoghurts	A selection of Fresh Cut Fruit and Yogurt with Assorted Toppings						



Caterham School - Summer Term Week 2 – Supper Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Soup of the Day	Theme Day	Soup of the Day	BBQ	Soup of the Day	Soup of the Day	Soup of the Day
Main	Cajun Crusted Salmon Fillets	Theme Day	Turkey and Ham Pie	BBQ	Lamb Koftas with a Mint Sauce	Pizza Pepperoni Ham and Pineapple	Roast Turkey
Vegetarian	Broccoli and Stilton Quiche	Theme Day	Roasted Vegetable and Halloumi Skewers	BBQ	Stuffed Aubergine with a Tomato Sauce	Pizza Mushroom and Red Onion	Spinach and Cheese Ravioli
Seasonal Vegetables & Potatoes	Crushed New Potatoes with Olive Oil	Theme Day	Mashed Potato Savoy Cabbage and Carrots	BBQ	Cous Cous Roasted Vegetables	Curley Fries Sweet Corn	Roast Potatoes Carrots and Roasted Parsnips
Pasta Bar	Freshly Cooked Pasta with Tomato and Roasted Vegetable sauce	Theme Day	Freshly Cooked Pasta with Three Cheese	BBQ	Freshly Cooked Pasta with Spicy Bacon	Freshly Cooked Pasta with White Onion and Chive	Freshly Cooked Pasta with Tomato & Basil
Seasonal Salads	<i>Seasonal Salad Selection</i>						
Daily Hot Cake/Biscuit	Eton Mess	Theme Day	Cherry Tray Bake with Custard	Ice Cream	Mixed Fruit Crumble with Custard	Jelly	Spotted Dick with Custard
Fresh Fruits & Yogurt	A selection of Fresh Cut Fruit and Yogurt with Assorted Toppings						



Caterham School - Summer Term Week 3 – Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Cream of Leek White Bread	Carrot and Apple Crusty Granary Bread	Chilli Tomato Onion Bread	Pea Soup Cheese Bread	Broccoli & Stilton Brown Bread	Butternut Squash Olive Bread	<u>Mid Day Snack</u> <u>Packed Lunch</u>
Main	Spring Lamb Casserole	Beef Bolognese	Honey and Mustard Chicken Thighs	Sweet and Sour Pork	Tempura Battered Hake	Mixed Grill	
Hot Salad Item	Turkey Puttanesca	Hand Made Fish Cakes with a Parsley Sauce	Pork and Branston Pickle Platt	Turkey Skewers Piri Piri	Lamb Kofta with a Mint Sauce		
Vegetarian	Mixed Bean and Vegetable Cottage Pie	Cheese and Onion Tart	Mushroom Stroganoff	Thai Spiced Vegetables with Quorn	Chilli Bean Cake	Stuffed Peppers	
Pasta, Salad & Noodle Bar	Freshly Cooked Pasta with Neapolitan Goats Cheese and Watercress	Freshly Prepared Chicken Caesar Salad	Freshly Cooked Egg Noodles with Chilli Meatballs	Freshly Prepared Greek Salad	Freshly Cooked Pasta with Bolognese Three Cheese	Freshly Cooked Pasta with Tomato and Aubergine	
	Fresh Hot Jacket Potato Available at the Pasta, Salad, Noodle Bar						
Seasonal Vegetables & Potatoes	Creamy Mashed Potato Summer Vegetable Medley	Freshly Cooked Pasta Garlic Bread Broccoli and Cherry Tomatoes	New Potatoes Cauliflower Cheese	Braised Rice Asian Stir Fry Vegetables	Chips Peas and Sweet Corn	Rissole Potatoes Fried Mushrooms Grilled Tomatoes	
Seasonal Salads	<i>Seasonal Salad Selection</i>						
Sweet Selection	Fruit Cheese Cake	Plum Clafoutis	Apple and Cinnamon Crumble with Custard	Chocolate and Orange Sponge with Chocolate Sauce	Tapioca	Doughnuts	
Fresh Fruits & Yoghurts	A selection of Fresh Cut Fruit and Yogurt with Assorted Toppings						



Caterham School – Summer Term Week 3 – Supper Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Soup of the Day	Theme Day	Soup of the Day	BBQ	Soup of the Day	Soup of the Day	Soup of the Day
Main	Gammon Steaks with Pineapple Rings	Theme Day	Shepherd's Pie	BBQ	Roast Chicken Leg	Pizza Pepperoni Ham and Pineapple	Roast Beef with Yorkshire Pudding
Vegetarian	Grilled Mushroom and Potato Pie	Theme Day	Vegetable and Bean Cobbler	BBQ	Roasted Vegetable Chimichanga	Pizza Spinach and Red Onion	Red Onion Tart Tartin
Seasonal Vegetables & Potatoes	Spiced Wedges Peas and Grilled Tomatoes	Theme day	Carrots and Broccoli	BBQ	Potato Gratin Leeks and Mushrooms	Curley Fries Sweet Corn	Roast Potatoes Carrots and Roasted Parsnips
Pasta Bar	Freshly Cooked Pasta with Pesto Oil and Tomatoes	Theme Day	Freshly Cooked Pasta with Sicilian Cauliflower	BBQ	Freshly Cooked Pasta with Carbonnara	Freshly Cooked Pasta with Tuna and Sweet Corn	Freshly Cooked Pasta with Tomato & Basil
Seasonal Salads	<i>Seasonal Salad Selection</i>						
Daily Hot Cake/ Biscuit	Chocolate Brownie	Theme Day	Fruity Oaty Flap Jack	Ice Cream	Lemon Drizzle Cake	Chocolate Cookie Tray Bake	Apple Pie with Custard
Fresh Fruit & Yoghurts	A selection of Fresh Cut Fruit and Yoghurt with Assorted Toppings						



Caterham Prep School - Summer Term Week 1 – Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Crudites	Carrots Cucumber Celery	Carrots Cucumber Celery	Carrots Cucumber Celery	Carrots Cucumber Celery	Carrots Cucumber Celery
Main	Chilli Con Carne	Pizza Pepperoni Ham and Pineapple	Shepherd's Pie	Roast Chicken Inner Fillet	Tempura Battered Hake Breaded Fish Fingers
Carb Choice	Jacket Potato Baked Beans	Penne Pasta Salsa Verdi	Noodles Szechuan Chicken	Fusilli Pasta Carbonara Sauce	Jacket Potato Creamy Mushrooms
Vegetarian	Chick Pea and Vegetable Chilli	Spinach and Red Onion Pizza	Lentil and Vegetable Pie	Red Onion Tart Tatin	Macaroni Cheese
Seasonal Vegetables and Potatoes	Braised Rice Courgettes and Sweet Corn	Spiral Fries Carrots and French Beans	- Broccoli and Cauliflower	New Potatoes Carrots and Savoy Cabbage	Chips Peas and Sweet Corn
Seasonal Salads	Seasonal Salad Selection				
Sweet Selection	Golden Syrup Sponge with Custard	Chocolate Mousse	Trifle	Apple Crumble with Custard	Mini Ice Creams
Fresh Fruit & Yoghurts	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available



Caterham Prep School - Summer Term Week 2 – Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Crudites	Carrots Cucumber Celery	Carrots Cucumber Celery	Carrots Cucumber Celery	Carrots Cucumber Celery	Carrots Cucumber Celery
Main	Turkey Fajitas	Beef Burgers	Chicken and Sweet Corn Pie	Roast Leg of Pork	Tempura Battered Hake Breaded Fish Fingers
Carb Choice	Jacket Potatoes Baked Beans	Penne Pasta Tomato and Basil Sauce	Egg Noodles Mild Green Vegetable Curry	Fusilli Pasta Bolognese Sauce	Jacket Potatoes Paprika Chicken
Vegetarian	Cumin and Pepper Vegetable Fajitas	Vegetable and Spiced Bean Burgers	Brie and Leek Strudel	Baked Stuffed Mushrooms	Tomato and Pasta Bake
Seasonal Vegetables and Potatoes	Braised Rice Carrots and French Beans Tortilla Chips	Curley Fries Courgette and Sweet Corn	Baby New Potatoes Broccoli and Cauliflower	Roast Potatoes Carrot Batons with Savoy Cabbage	Chips Peas and Sweet Corn
Seasonal Salads	<i>Seasonal Salad Selection</i>				
Sweet Selection	Jam Shortbread	Banoffee Pie	Chocolate Chip Sponge with a Chocolate Sauce	Semolina with a Jam Sauce	Mini Ice Cream
Fresh Fruit & Yoghurts	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available



Caterham Prep School - Summer Term Week 3 – Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Crudites	Carrots Cucumber Celery	Carrots Cucumber Celery	Carrots Cucumber Celery	Carrots Cucumber Celery	Carrots Cucumber Celery
Main	Chicken Korma	Cumberland Sausages	Traditional Beef Bolognaise	Roast Turkey	Oven Baked Tempura Hake Breaded Fish Fingers
Carb Choice	Jacket Potatoes with Baked Beans	Penne Pasta with Three cheese sauce	Egg Noodles with Chick Pea and Tomato	Fusili Pasta with Meatballs	Jacket Potato with Ratatouille
Vegetarian	Vegetable Curry	Vegetable Sausages	Vegetable Quiche	Roasted Stuffed Peppers	Roasted Vegetable Lasagne
Seasonal Vegetables & Potatoes	Long Grain Rice Courgettes Sweet Corn	Creamed Mashed Potato Carrots Green Beans	Broccoli Cauliflower	Carrots Cabbage	Peas Sweet Corn
Seasonal Salads	<i>Seasonal Salad Selection</i>				
Sweet Selection	Marble Cake with Custard	Cheesecake	Flap - Jacks	Rice pudding with Jam Sauce	Mini Ice Cream
Fresh Fruit & Yoghurts	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available	A Selection of Fresh Cut Fruit & Yogurt with Toppings is available