



## CATERHAM SCHOOL

19 May 2011

To Parents and Guardians of Second Year pupils taking part in the Challenge Walk.

Dear Parents and Guardians,

As you are aware, your son or daughter is taking part in the 40km Second Year Challenge Walk on **Sunday 26 June** and **Monday 27 June**.

We shall be leaving School at **8.30 am** on **Sunday 26 June**. **Please arrive by 8.15am.** We will travel by coach/minibus to Amberley station where we start our walk along the South Downs Way to Truleigh Hill Youth Hostel, where we will stay overnight. On the Monday we continue along the SDW for a short distance before heading Southwards on the Sussex Border path towards Brighton, returning Northwards to reach Jack and Jill Windmills at Pyecombe where we are collected, by coach, that afternoon. Pupils will be ready for collection from School at the usual time, **4.00 pm**, on **Monday 27 June**.

Participants must carry a rucksack on the day with all the items outlined below in the “what needs to be carried” list. Pupils will not need to carry all their equipment for the weekend as a minibus will be going directly to the Youth Hostel. This does mean that pupils can deposit a **SMALL** bag of overnight necessities in the minibus on Sunday morning which will then get transported to the Youth Hostel. This bag must be clearly named, securely sealed and kept to a minimum, due to space constraints, and for this reason we have detailed a list of what is required below in the “overnight bag” list.

### **What needs to be worn on the day:-**

- Good, strong, supportive, comfortable (**well worn-in**) boots or sturdy and supportive training shoes are a necessity (plimsol style shoes are not suitable). They must be tied up properly and be in a fit state to withstand a 40km hike and potentially wet conditions. **Do not borrow a pair of boots/shoes from someone else.**
- Comfortable layered clothing for hiking which **MUST** include a long-sleeved top/shirt. The weather can change during the day and overnight, therefore please give some thought to preparing for all weather conditions.
- Jeans are not suitable. Cotton trousers/hiking trousers are ideal.
- Strapless summer tops/very short summer shorts are not suitable. A collared light material shirt for sun protection is ideal.

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**What needs to be carried on the day:-**

- Rucksack (with items wrapped in plastic bags inside to protect from rain)
- Packed lunch for the first day (Sunday)
- Plenty of snacks for the various stops en route (so lunch is saved)
- Very High Factor Sun cream (30+)
- Sun hat/sun glasses
- Waterproof jacket (**essential**: take even if forecast is good)
- Waterproof trousers (optional)
- 3 x 500ml bottles of water or equivalent/camel pack
- Very small personal first aid kit (plasters/blister plasters)
- Medicines to be handed in to Mr. Taylor. Label with name and dosage.

**Overnight Bag List:-**

- Nightwear
- Toiletries
- Towel
- ONE change of clothes for both the evening and for wearing on day 2
- Change of shoes (flip flops/similar are ideal)

**Mobile phones, personal stereos/MP3s etc. are not permitted.**

You have already returned the **Parental Consent Form & Medical Consent Form**. In addition, our expectations of pupils on the trip are detailed in your parent's handbook. Please note that failure to comply with our expectations will result in the pupil concerned being sent home.

We shall carry First Aid kits, but if your son or daughter requires any specific medication please let us know in writing. Any such medication should be handed to Mr. Taylor on the Sunday morning together with a letter.

Students will be insured under the HSBC School's insurance policy, details of which can be obtained from the Estates Bursar, Robert Charlesworth on extension 229, if you require further information.

The telephone number of Truleigh Hill Youth Hostel is 01903 813419. Please use this number only in cases of emergency. We will be carrying School mobile phones en route, the numbers are 07525 907901 and 07525 907904.

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Finally, I would like to remind you that, as originally outlined in the letter dated February 2011, with your approval, the cost for this trip (£45) will be added to your School bill.

Yours sincerely,

Mr. A Taylor  
Head of Second Year  
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