

Welcome to a world of Fun, Fitness and Relaxation...

Caterham School Sports Centre offers a wide range of facilities, including Swimming Pool, Fitness Suite, Sports Hall and Stephen Smith Room.

Whether you're a beginner, a fitness fanatic or a leisure lover - there is something for everyone.

Swimming Pool

It is common knowledge that swimming is one of the most physically beneficial and relaxing sports you can participate in. Our heated pool is 25 metres long by 13 metres wide and is ideal for everyone, whether you are a serious swimmer, someone who wants to get fit, or simply to enjoy a leisurely dip.

Air Conditioned Fitness Suite

Getting yourself on the road to a fitter, healthier body is a lot easier than most people imagine. Our Fitness Suite boasts an impressive combination of cardiovascular and resistance equipment which is modern, user friendly, safe and designed to ensure that fitness is first and foremost, fun and relaxing.

You'll be in the company of like-minded people, not depressingly sleek, perfectly muscled bodies but all aiming to enjoy themselves and tone up in a relaxed atmosphere.

A carefully structured, naturally paced conditioning programme can be tailor-made to suit you, with regular updates and all the encouragement and expert advice to get you into shape.

Fitness Suite users must complete an induction course before working out on their own. This involves detailed instruction in the safe use of all machines and facilities. For bookings telephone: 01883 335078. Please Note: In the interests of safety, no persons under 16 years of age are permitted to use the Fitness Suite.

Sports Hall

Our multipurpose Sports Hall has first class facilities for badminton, basketball, 5-a-side football, tennis, volleyball, hockey and netball. For bookings phone (01883) 335078.

Stephen Smith Room - Fully Air Conditioned

The Stephen Smith Room is an open plan room with a servery and covered external balcony commanding an impressive panoramic view of the school and grounds. It is ideally suited to accommodate almost any activity ranging from childrens parties and corporate functions to aerobics classes. For bookings (01883) 335078.

Squash Court and Synthetic Pitch

The School squash court and all weather synthetic surface, which is ideal for a wide variety of sports are available to members at select times and for selected activities. (Nominal charges will apply). For further details and bookings phone (01883) 335078.

Other Activities

In addition to the normal activities we will also be running a variety of courses including sports coaching, aerobics, circuit training, first aid, swimming and lifesaving.

When can we use the Centre?

TERM-TIME - SPORTS HALL & THE POOL

Monday	7.30am - 9.00am & 6.00pm - 9.30pm 6.00pm - 8.00pm - Pool closed for club swimming
Tuesday	6.00pm - 9.30pm
Wednesday	7.30am - 9.00am & 6.00pm - 9.30pm
Thursday	6.00pm - 9.30pm
Friday	7.30am - 9.00am & 6.00pm - 9.30pm
Saturday & Sunday	12.00noon - 5.00pm

TERM-TIME - FITNESS SUITE

Monday	7.30am - 10.00am & 5.00pm - 9.30pm
Tuesday	8.15am - 10.00am & 5.00pm - 9.30pm
Wednesday	7.30am - 10.00am & 5.00pm - 9.30pm
Thursday	8.15am - 10.00am & 5.00pm - 9.30pm
Friday	7.30am - 10.00am & 5.00pm - 9.30pm
Saturday & Sunday	10.00am - 5.00pm

Please note we are not open any lunchtimes and the Fitness Suite could be closed from 9.00am - 10.00am on Fridays for school lessons. During school holidays, the centre will be open 7 days per week from 11.00am - 5.00pm. and in addition from 6.00pm - 9.30pm to members from Monday to Friday.

All for an Affordable Fee:

Membership for an entire year costs ONLY:

FAMILY MEMBERSHIP

£168 for the first adult; (18 and above)

£60 for the spouse or each additional dependent adult;

£30 for each additional child who is not a pupil at the school; FREE for current pupils at the school and children under 5 years of age (when accompanied by their membership fee paying parent);

INDIVIDUAL MEMBERSHIP

£90 Old Caterhamian & Eothen Old Girls not in full time education under 25 years of age when neither parent is paying a Membership Fee.

£60 Old Caterhamians & Eothen Old Girls under 21 and at University/in full time education, when neither parent is paying a Membership Fee

If you require further information please phone (01883) 335078

Conditions of Membership

1. The Management reserve the right to alter the Activity Programme, Prices and Conditions of Membership at any time.
2. Membership is only available to staff, pupils, parents of pupils, members of the Old Caterhamians Association Sports Clubs or Eothen Old Girls and external community organisations.
3. The Membership period is 12 months. Refunds for withdrawal will only be made in exceptional circumstances.
4. Membership Cards must be shown on every visit to the Centre. Failure to do so may result in refusal of entry.
5. Members agree to abide by the operational practices of the Centre and so heed the reasonable request of staff.
6. Membership Cards and associated benefits are not transferable.
7. Pupils can only become members when their parent(s) enrol.
8. Children under the age of 8 must be accompanied by an adult (over 18 years of age) in the water.
9. Children under the age of 16 are not permitted to use the Fitness Suite without Management permission.
10. Failure to comply with any of the conditions stated will result in the withdrawal of Membership. No refunds will be made for any time outstanding.

Members Questionnaire

What is your main interest/usage of the Sports Centre?

- | | |
|--|---|
| <input type="checkbox"/> Swimming | <input type="checkbox"/> Tennis |
| <input type="checkbox"/> Fitness Suite | <input type="checkbox"/> Volleyball |
| <input type="checkbox"/> Football | <input type="checkbox"/> Aerobics/Circuits |
| <input type="checkbox"/> Hockey | <input type="checkbox"/> Other (please specify) |
-

Where did you hear about the membership?

- | | |
|--|-------------------------------------|
| <input type="checkbox"/> Leaflet | <input type="checkbox"/> Newsletter |
| <input type="checkbox"/> Poster | <input type="checkbox"/> Friend |
| <input type="checkbox"/> Other (please give details) | |

How often will you/do you visit the Sports Centre?

- | | |
|---|---|
| <input type="checkbox"/> More than twice a week | <input type="checkbox"/> Once every two weeks |
| <input type="checkbox"/> Twice per week | <input type="checkbox"/> Less frequently |
| <input type="checkbox"/> Once per week | |

Which of the membership sessions will you use the most frequently?

(Specify more than one if required)

- | | |
|--|---------------------------------------|
| <input type="checkbox"/> Monday am/pm | <input type="checkbox"/> Friday am/pm |
| <input type="checkbox"/> Tuesday | <input type="checkbox"/> Saturday |
| <input type="checkbox"/> Wednesday am/pm | <input type="checkbox"/> Sunday |
| <input type="checkbox"/> Thursday | |

Signature Date

The information contained on this application will be used exclusively for the purposes of Caterham School's marketing and associated information. The computer records are registered under the Data Protection Act 1984 and Caterham School will not undertake the transfer or exchange of such information with other agencies.

Please send your completed application form with the appropriate fee for processing to;

The Sports Centre Manager, Caterham School, Harestone Valley Road, Caterham, Surrey CR3 6YA Tel No (01883) 335078

CHEQUES SHOULD BE MADE PAYABLE TO CATERHAM SCHOOL

Membership Application Form

Personal Details

Applicant Name
Mr/Mrs/Miss/Ms

Family Members if applicable (If Junior please state age)

Name DOB

Name DOB

Name DOB

Name DOB

Address

..... Postcode

Home Tel:

Work Tel:

E.Mail:

Membership Status New Member Renewal

Membership Category

Parent Corporate Old Cat/Eothen

Old Cat Sports Club Local Residents Association

Type	Price p.a.	Number	Fee
First Adult	£168		£
Additional Adult	£60	No	£

Each child who is not a pupil at the School
£30 No

Old Caterhamian & Eothen Old Girls not in full time education under 25 years of age when neither parent is paying a Membership Fee.
£90 No

Old Caterhamians & Eothen Old Girls under 21 and at University/in full time education, when neither parent is paying a Membership Fee
£60 No

CHEQUES PAYABLE TO 'CATERHAM SCHOOL'
DIRECT DEBIT AVAILABLE FROM JAN 2004 **Total** £

For Office Use Only

Date Received

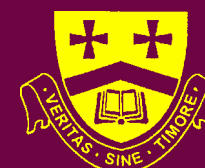
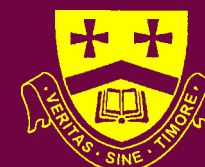
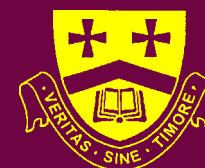
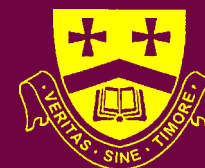
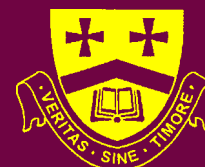
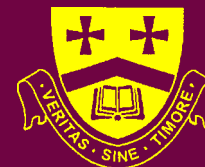
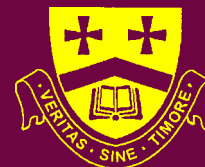
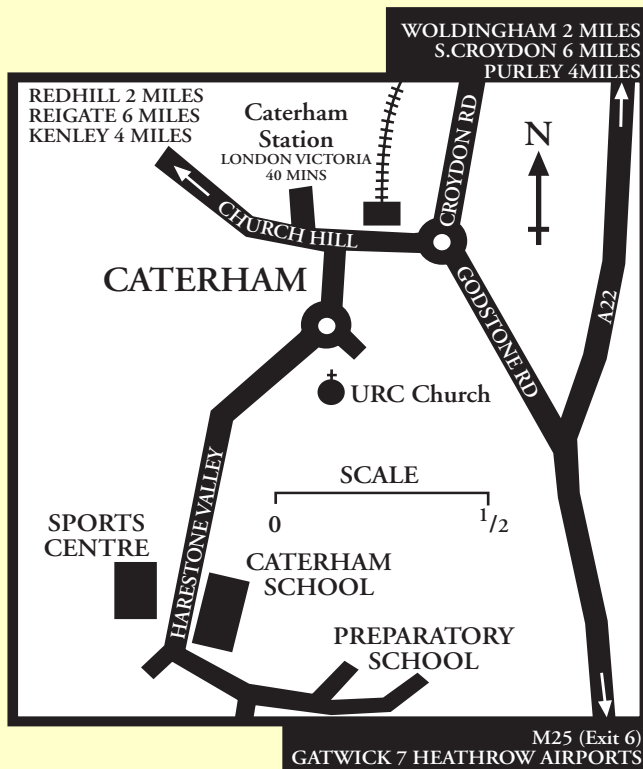
Card Issue Date Expiry Date

Amount Paid £ Cash/Cheque

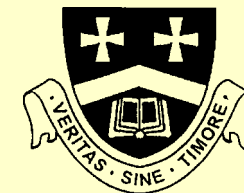
Membership No.

Initials On Screen

How to find us



CATERHAM SCHOOL



SPORTS CENTRE



INFORMATION & MEMBERSHIP

Caterham School Sports Centre,
Harestone Valley Road,
Caterham, Surrey CR3 6YA
Tel No 01883 335078 Fax: 01883 347795