

# Child Medical/Consent Form

(Please complete one Medical/Consent Form for each child attending).

**Daytime Emergency contact details.** (If you DO NOT intend to be at the pool while your child is swimming)

Telephone .....

**Medical information** (Please provide details of any asthma inhalers, epilepsy etc...)

Child1 .....

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Child2 .....

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## Swimming Ability (please tick)

Swim up to 5m on front and

Swim between 5m and 10m front and

Swim between 10m and 20m front and

Swim 25m on frontcrawl and backcrawl and have an idea of

Swim 50m competently on 3 strokes

Swim 100m competently on 3 strokes

If you would like to receive further information from Caterham Sports Centre on future courses please add your address in the space below.

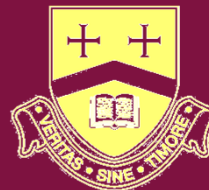
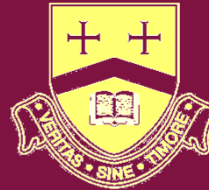
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Email: .....

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# CATERHAM SWIM-SCHOOL



## CHILDREN'S SWIMMING

## CRASH-COURSES

### JANUARY 2012

### INFORMATION AND BOOKING FORM

# Swimming Lessons

1. Due to popular demand, and following on from the very successful summer courses, we are pleased to be able to offer further crash swimming lessons during the holidays, in the New Year 2012.
2. Ideal confidence building for current school pupils in preparation for school lessons and/or regular club activities.
3. Intensive swimming lessons designed to build confidence and offered to children up to 12 years of age, of all abilities living within the local community

We believe that smaller class sizes will greatly benefit the children ensuring that they receive individual attention enabling them to gain confidence and develop their water skills in an enjoyable way.

The courses will be run by fully qualified ASA Level 2 Instructors, including Amy Lovell and Pat Manning with additional experienced assistants as required to meet the specified ratios.

In the beginner, improver and advanced classes your child will be in a group of no more than 3 with children of similar abilities. These lessons will be for 30 minutes. For Bronze, Silver and Gold your child will be in a class of no more than 5 children and they will have a longer lesson of 45 minutes. We will sort the groups according to the ability indicated on the back of the booking form.

<b>9.00am</b>	Beginners, improvers & advanced	<b>9.30am</b>	Beginners, improvers & advanced
<b>9:15 - 10am</b>		Bronze, Silver and Gold	
<b>10.00am</b>	Beginners, improvers & advanced	<b>10.30am</b>	Beginners, improvers & advanced
<b>11.00am</b>	Beginners, improvers & advanced	<b>11:30am</b>	Beginners, improvers & advanced
<b>12.00pm</b>	Beginners, improvers & advanced	<b>12:30pm</b>	Beginners, improvers & advanced



# Dates & Costs For the Intensive Swimming Courses

**Week 1**

**3rd—6th January**

**£24 per Child**

**Cancellations of less than 7-days are non-refundable. Reduced Rates. A discount of 10% is given for siblings. Cheques should be made payable to; 'Caterham School Ltd'. Please complete booking form and return to Sports Centre with your pay-**

	Swimmer no 1	Swimmer no 2
Swimmer's name		
Age		
Contact Number		
Email Address		
Course dates wanted		
Time wanted		
Beginner, Improver, Advanced, or Bronze, Silver or Gold		
Last distance achieved		
Latest Badge(s) achieved		

**TOTAL ENCLOSED: £.....**

**SIGNED:.....DATE .....**

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