



## CATERHAM SCHOOL

### **England Rugby Scrum Half Paul Hodgson leads a Training Session for Caterham School 1<sup>st</sup> XV**

Paul Hodgson, London Irish and England scrum half, came to Caterham School on Monday 12<sup>th</sup> October to run a training session with the School's 1<sup>st</sup> XV.

After an initial assessment, Paul worked the team through decision making drills and conditioned tackling and defensive alignment exercises.

Director of Sport, Rob Clarke said, 'It was fantastic to have Paul Hodgson work with the team. He is at the top of his profession and it has given our boys a big lift to see him here. Paul was able to give the boys some very valuable hints and tips that will help them develop into even better players. He ran a great session and his energetic and passionate coaching style really inspired the team. I look forward to welcoming him back to the school to run a sevens session after Christmas, and hopefully he will be here on a more regular basis during the next rugby season.'

After the session Paul said, 'I was really impressed with the basic skills of the Caterham team. This is a beautiful school and the pitch is just fantastic. The boys worked hard and really improved. I am away with the England camp for the whole of November but I am very keen to come back again to run another session.'

