

CATERHAM SCHOOL COMBINED CADET FORCE

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Contingent Commander: Wing Commander K M Bage BSc (Hons) MBA MCIM RAFVR(T)

Parents/Guardians

Our reference: SUMLIG140615

Date: 30 April 2015

EXERCISE SUMMER LIGHTNING

ARMY SECTION BATTLECRAFT EXERCISE, 14 & 15 JUNE 2015

<u>General</u>

1. The above is a demanding two-day exercise in fieldcraft and tactics for cadets in the **Army Section**. The activities will take place at Bramley Training Areas in Hampshire on Sunday 14 and Monday 15 June 2015.

<u>Aim</u>

2. The aim of the weekend is to give the cadets a demanding and enjoyable training experience. It will include military fieldcraft training and revision, followed by a 24-hour battlecraft exercise, EX 'Summer Lightning'. This constitutes one of only two annual, fully-tactical, overnight exercises, and will give cadets training and practice in all aspects of fieldcraft, leadership, basic tactics and weapon handling with the L98 A2 rifle.

3. Bramley Training Areas encompass hundreds of acres of woodland and grassland. They also house a disused ammunition depot of several buildings and rail stations and the shell of a Wessex helicopter. This area, regularly used by Special Forces, will therefore enable training in a very exciting environment for all cadets.

4. We are fortunate this year to be joined by staff from the Regimental Support Team of our sponsor regiment, the Princess of Wales's Royal Regiment. These regular soldiers will be delivering an advanced fieldcraft training package before the exercise proper commences.

Administration details

5. The key administrative details are as follows:

| Cost: | None |
|------------|--------------------------------------------|
| Parade: | 1000 hrs, Sunday 14 June 2015 at CCF HQ |
| Depart: | 1030 hrs |
| Dress: | PCS Combat Dress and beret |
| Food: | Cadets will need a packed lunch for Sunday |
| Dispersal: | 1600 hrs, Monday 15 June 2015 at CCF HQ |

NB: A more detailed itinerary for the weekend can be found attached as Annex 2.

Parental Consent forms

6. If you wish your son/daughter to attend the camp please complete the attached forms and forward them to WO2 Byrne in the CCF office no later than **Wednesday 20 May 2015**. <u>This</u> <u>deadline is absolute</u>. Forms should be posted through the <u>letterbox</u> in the door of CCF HQ.

7. Numbers will be **strictly limited** and demand is very likely to exceed the places we can offer. The Unit reserves the right to allocate places on its own criteria.

Valuables and Mobile Telephones

8. Cadets will have no use whatsoever for mobile telephones and other items of technology: they will be kept very busy throughout the exercise. They will also, living in the field, be exposed to mud, heat and possibly precipitation. It is therefore strongly advised that such items are not brought. Mobiles can be locked in the HQ before departure. All staff will carry mobile telephones.

9. Pupils are advised that they bring valuables at their own risk.

Briefing

10. A briefing will take place in the CCF classrooms after final parade (2100-2115 hrs) on Wednesday 10 June 2015. Kit issue will also take place during this evening.

School Work

11. a. As this camp will involve the cadets missing a day's lessons, it is expected that they will see their subject teachers **before** the weekend to organize classwork and prep which needs to be caught up.

b. Cadets are likely to be very tired when they return on Monday afternoon. It is strongly recommended that no school work is left for this time.

c. All cadets who attend this weekend are expected to be at school on Tuesday: tiredness will not be an acceptable excuse. Providing that school work has been done in advance, they will have ample time to catch up on sleep before Tuesday morning.

Queries / Emergency contact numbers

12. All queries concerning the weekend should be made to WO2 Byrne at the CCF email address (see letterhead). The emergency contact number during the weekend will be Capt Wilkinson on 07582 542073.

Mathen Onen

M M OWEN Lt Training Officer

Distribution: All Cadets in Army Section; All Staff

Annex 1

KIT/EQUIPMENT LIST

All items on the below list are essential for the exercise. Cadets who do not have any of these items must see Maj Taylor before Wednesday 10 June 2015 to have them issued. Items marked (*) will be issued from QM stores on Wed 10 June 2015 to all exercising cadets.

- Full PCS combats (including smock)
- Fleece/Norwegian/warm jumper
- Spare socks, underwear, t-shirt
- Warm hat and gloves (black or green)
- Sleeping bag
- Water bottle
- 2 x mess tins
- KFS and mug
- Baby wipes
- Sun cream
- Insect repellent
- Pen and paper
- Torch
- Packed lunch (for Sunday)
- Snacks
- Cadet Patrol Pack *
- Cadet Combat Vest *
- MTP basher, pegs, bungees *
- DPM waterproof jacket *
- Ear defence *
- 24-hr ration pack *
- Cooking kit *

Many recruits tend to dramatically over-pack for this 24-hr exercise. All kit is to be carried in the Patrol Pack and Vest. No other kit may be brought. This is ample room for the requirements of the exercise. Jumbo bottles of pop or packs of crisps are not appropriate for this exercise.

Sleeping systems should be stored in the Pack, not hanging off the side. Only roll-mats may be attached externally to the Pack.

Annex 2

OUTLINE ITINERARY

Timings during the two days are approximate and subject to alteration.

Sun 14 June 2015

| 1000 | Parade, CCF HQ |
|-----------|---------------------------------------|
| 1030 | All cadets depart Caterham |
| 1130 | Arrive Bramley Training Areas |
| 1200-1430 | Fieldcraft training – run by PWRR RST |
| 1500 | Exercise briefing and preparation |
| 1600 | EXERCISE SUMMER LIGHTNING * commences |

Mon 15 June 2015

| 1300 | EXERCISE SUMMER LIGHTNING ends |
|-----------|--------------------------------|
| 1315-1400 | Exercise debrief |
| 1400-1430 | Pack up and Worship |
| 1430 | Depart Bramley Training Areas |
| 1530 | Return to Caterham |
| 1600 | Dispersal |

* The overnight exercise will involve practice of all the cadets' fieldcraft skills. They will be cooking all their food from a 24hr ration pack, staying under bashers which they will make, and remaining tactical for the duration of the exercise. The exercise will also involve the firing of blank rounds. In the event of very poor weather, cadets will be moved to indoor troop-shelters for the night.



PARENTAL AND MEDICAL CONSENT FOR A SCHOOL RESIDENTIAL TRIP (UK)

Please complete this form using BLOCK CAPITAL LETTERS

This form, or a copy, will be taken by the group leader and the deputy group leader on the trip. A copy will be retained by the SMT emergency contact.

| | CCF Ex SUMMER LIGHTNING, June 2015 |
|---------------------|----------------------------------------|
| | omSun 14 June 2015 To Mon 15 June 2015 |
| Trip Organiser | Lt Mathew Owen |
| Name of pupil | Form |
| Pupil's date of bir | thyear (e.g. 12.10.1994) |
| Parent/Guardian's | s name (and first emergency contact) |
| | addroop |
| | s address |
| | |
| Telephone numbe | ers:- |
| Work | Home |
| Mobile | Fax |
| E mail address | |
| Alternative Emerg | jency contact name |
| | ency contact address |
| | |
| | |
| Alternative Emerg | ency Contact Telephone numbers |
| Work | Home |
| Mobile | Fax |
| E mail address | |

MEDICAL DETAILS

| Does your child follow a special diet? | | |
|----------------------------------------------------------------------------------------------------|--|--|
| Has your child ever had any of the following: YES/NO – If YES please give details | | |
| a) Allergies to any know drugs, state name of drug(s) | | |
| b) Any other allergies (please specify) | | |
| c) Asthma or bronchitis | | |
| d) Heart condition | | |
| e) Fits, fainting or blackouts | | |
| f) Migraine or severe headaches | | |
| g) Diabetes (sugar tolerance abnormalities) | | |
| Does your child have any other weaknesses or disabilities which require special care or attention? | | |
| Give details | | |
| | | |
| | | |
| Details of any medication being taken at present | | |
| | | |
| | | |
| Has your child been immunised against tetanus? | | |
| Date of last injection | | |
| NHS Number | | |
| Name and Address of General Practitioner | | |
| | | |
| Telephone number of GP | | |
| Is your child receiving any current medical or surgical treatment? | | |
| If so, are there any special precautions or advice to follow in an emergency? | | |
| | | |

Please list and give details of any illnesses or accidents that occurred during the last twelve months

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Medical Consent

I will inform the Trip Leader as soon as possible of any changes to the medical details given on this form between now and the commencement of the trip.

It is essential that in the event of your child requiring emergency medical treatment, that we have your consent for our staff to act on your behalf. Please would you therefore sign the declaration below to give us authorisation.

I agree to my son/daughter/ward receiving medication and emergency dental, medical or surgical treatment, including anaesthetic or blood transfusion, as considered necessary by the medical authorities present. I give my consent for a member of Caterham School Staff to act on my behalf should my child require such emergency medical treatment.

I agree for my son/daughter/ward to receive non prescribed medication from a member of the Caterham School staff if this is deemed necessary.

Please note that the School cannot take responsibility for any pre-existing ailment about which the School was not informed.

Name

Signed..... Date

Parent/Guardian Consent

I agree to my son/daughter/ward taking part in the trip and confirm I have read and discussed the details on the trip information sheet with my son/daughter/ward.

I agree to my son/daughter/ward participating in the activities described on the trip information sheet. The school will take all steps to ensure the safety of your child. However, you should be aware that certain inherent risks remain, which are integral to the activity and which cannot be eliminated completely. The school is therefore informing the students and their parents that there are elements to this trip where the risk management may be beyond the school's control, despite our best practices.

I acknowledge that my son/daughter/ward understands the importance of behaving responsibly on the trip, in accordance with the details set out in the policy for Caterham School Trips.

I understand the extent and limitations of the insurance cover provided (a copy can be obtained from the Estates Bursar).

I understand that the School reserves the right to withdraw a pupil from any trip.

If for any reason a pupil leaves Caterham School then they will not be able to be a member of the party. In this instance the deposit would be refunded.

Information on the school's Policy for Welfare, Health & Safety on School Trips can be found on the website at www.caterhamschool.co.uk

All boarders are normally registered under the National Health Service with the School Medical Officer, Doctor Christopher Warwick, Townhill Medical Practice, Guards Avenue, Caterham, Surrey CR3 5XL