

**CATERHAM
SWIMMING
ACADEMY**

Spring Term 2019

Sunday Swim School:

These classes are aimed at learning and developing the basic movement skills of our swimmers with the main focus of having fun whilst being safe. We work with small duckling classes 1:2, with our largest class size 1:8 (improver deep water group). Having small classes means we can give each child the individual attention they need and work to their ability and not the class's ability.

Ducklings (1-4)– we encourage swimmers to move more independently learning the very basics of arm and leg movements, whilst under close supervision from one of our teachers.

Dolphins (Learn to Swim stage 1 & 2 + 5m & 10m badges)- swimmers will learn to swim independently using floatation aids and progress towards unaided swimming.

Sharks- Learn to Swim stage 3-5 swimmers are now confident and will master the basic stroke patterns of front crawl, backstroke and breaststroke, and can swim 10-15m back and forth comfortably.

Term Price: £90

Sibling discounts: £80per additional child

13th January

20th January

27th January

3rd February

10th February

HALF TERM

24th February

3rd March

10th March

17th March

24th March

Monday & Thursday Swim School:

Our Weekday Swim Schools continue the development of our swimmers from our Sunday classes. Our lessons are 30 minutes long expect for our 5pm classes which are a 50 minute class.

Class ratios are typically 1:6 for 4pm and 4.30pm classes and 1:10 for our lengths groups.

Teachers for Weekday Swim schools are Sean Perfect & Sharon.

4pm-4.30pm (stage 1-3)

4.30pm-5pm (stage 3-5)

5pm-5.50pm(stage 6-10)

Term Price: £75– thirty minute lessons

£95– fifty minute lessons

£5 Sibling discount on 50minute lessons only.

Monday Dates	Thursday Dates
14th January	10th January
21st January	17th January
28th January	24th January
4th February	31st January
11th February	7th February
	14th February
Half Term	
25th February	28th February
4th March	7th March
11th March	14th March
18th March	21st March
25th March	



Contact: Sean Perfect – Swimming Academy Manager

Sean.Perfect@caterhamschool.co.uk

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Harestone Valley Road, Caterham, Surrey, CR3
6YA

Caterham Swimming Academy—Swim School Application form Spring 2019

If you are unsure what class suits your child best, answer our quiz:

Can your child swim without arm-bands on? Y/N

Is your child confident in the water? Y/N

Can your child swim 5-10m unaided ? Y/N

Is your child confident to swim in deep water? Y/N

Can you swim 25m front crawl (with sideways breathing), and backstroke? Y/N

If your child cannot swim without arm bands and are not ready to swim independently Sunday Swim School is the place for you.

If your child can swim 5-10m unaided then our weekday 4pm and 4.30pm classes will suit you well.

If you can swim 25m comfortably front crawl whilst breathing correctly our 5pm class will welcome you with open arms.

If you are still unsure, please contact Sean Perfect (Swimming Academy Manager).

Sunday Swim School

DOB

Childs name:

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Class (Circle): Ducklings Dolphins Sharks

Medical Info:

Previous terms lesson time (for current members):

Preferred time of lesson (30min lessons between 9am-12pm):

Parent/ Guardian Name:

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Contact email & telephone number

Email

Number

Term Price:

£90

Sibling discounts: £80per additional child

Signed:

Date:

Weekday Swim School

DOB

Childs name:

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Medical Info:

Previous terms lesson time (for current members):

Parent/ Guardian Name:

.....

Contact email & telephone number

Email

Number

Preferred Day: Monday/Thursday

Term Price:

£75 (30min lessons) **£95** (50min lessons)

Sibling discounts for 50min class: **£85per additional child**

Signed:

Date:

All payments are to be made via our online system Wisepay. Once your child(ren) have signed up and have been designated a place we will open an account for you. Cancellations of less than seven days before the start of term (9th January) are non-refundable. Please complete and return form to the Caterham School Sports Centre.