

Caterham School Spring Term - Breakfast Menu



CATERHAM
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juice Bar	Orange, Apple and Cranberry Juice						
Hot Drinks	English Breakfast Tea, Peppermint Tea, Green Tea, Earl Grey Tea, Chamomile Tea, Green Tea with Lemon, Coffee, Cappuccino, Espresso, Mocha, Latte, Café au Lait, Latte Macchiato and Hot Chocolate						
Cereals	Caterham's own Muesli, Weetabix, Cornflakes, Coco Pops & Shreddies served with Chilled Semi Skimmed Milk. Hot Porridge with a selection of toppings.						
Hot or Continental Breakfast	Warm Pastries. Croque Monsieur.	Crispy Streaky Bacon with Pancakes and Maple Syrup	Continental - Pastry Cheese and Ham selection. Boiled eggs.	Sausages. Hash Browns. Baked Beans.	Cheese & Ham filled Croissant. Boiled Eggs.	Scrambled Eggs. Waffles. Baked Beans.	Pork Sausage, Back Bacon, Fried Egg, Mushrooms, Tomatoes, Baked Beans.
Yoghurt Bar	Natural Yoghurt with a selection of toppings						
Fresh Cut Fruit	Selection of cut fresh fruits						
Toast & Preserves	Sliced White and Brown Bread for toasting with a selection of Butter, Sunflower spread and Jams						



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Caterham School Spring Term 1 - Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup station	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	<p style="text-align: center;">Brunch</p> <p>Sausages Bacon Fried Eggs Baked Beans Hash Brown Mushrooms Grilled Tomatoes</p> <p style="text-align: center;">Sandwich Snax</p> <p>A wide variety of fresh sandwiches With Crisps & Cookies</p>
Main	Pasta Bolognese Or Veggie Pasta	Lemon & Herb Chicken Breast	Fish finger Wrap	Beef & Pork Meatball	<u>It's Fry Day</u> Fish 'N' Chips.	<u>Pasta</u> Bolognese	
Deli Counter	Bangers 'N' Mash	Pork & Pepper Goulash	Beef Lasagne	Oriental Chicken Thighs	Battered Sausage or Plain Sausage.	-----	
Vegetarian	Quorn Sausages	Stuffed roasted Peppers	Vegetarian Lasagne	Quorn Balls	Cheese and Red Onion Tart	Cheese and Onion Sauce	
Pasta Or Jacket Potato	----	Tomato & Basil or Peppers & Pesto	Tomato & Basil or Rocket Pesto	Tomato & Basil or Cheese and Onion	Tomato & Basil or Creamy Mushroom	-----	
	Baked Beans Cheese	Beef Chilli	Baked Beans Cheese	Cold Tuna & Sweetcorn	Baked Beans Cheese	-----	
Seasonal Salads	Seasonal Salad Selection						
Seasonal Vegetables & Potato	Garlic Bread Mashed Potato Cauliflower Onion Gravy	New Potato Cous Cous Roasted Carrots	Herbed New Potato Broccoli	Rice Noodles Peas Sweetcorn	Chunky Chips Baked Beans Peas Tartar Sauce Lemon wedges	Garlic Bread Pasta Green Beans	
Fresh Fruit	Whole or Fresh Cut Fruit						
Sweet Selection	Rice Pudding With Assorted Toppings	Chocolate Sponge With Chocolate Sauce	Carrot Cake With Flavoured Yoghurt	Ginger sponge With Custard	Fruit Crumble With Custard	Dessert Of The Day	



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Caterham School Spring Term 1 – Supper Menu

	Monday	Tuesday.	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day
Traditional Main	Roast Pork Loin With Gravy	Teriyaki Beef With Noodles	Beef Burger	Salt & Pepper Chicken thighs	Pepperoni Pizza	Chicken Fajita Wrap	Hunters Chicken
Secondary choice	Roast Supper With Trimmings	Sweet & Sour Chicken	Classic Hot Dog	Pork Casserole	Southern Fried Chicken Drumstick and Thighs	Lamb Tacos with Rice	Beef Bourguignon
Vegetarian	Vegetable hot-Pot With Dumplings	Vegetable Spring Roll	Bean Burger with Salsa	Tortellini	Veggie Pizza	Vegetable Fajitas	Olives & Feta Gnocchi
Pasta Bar	Tomato & Basil	Pesto	Tomato Basil	Cheese and Onion	Tomato & Basil	Mixed Beans	Tomato & Basil
Seasonal Vegetables & Potatoes	Roast Potato Braised Red Cabbage Yorkshire Pudding	Noodles Soy & Chilli Broccoli Prawn Crackers	Chips Coleslaw Corn on the cob	Rice Peas and Green Beans	Sweet Corn Onion ring Spicy potato Wedges	Paprika Potato Wedges House Salads Guacamole Salsa	Lemon Sautéed Cabbage Mash Potato
Seasonal Salads	Seasonal Salad Selection						
Sweet Selection	Apple strudel With custard	Coffee Cake	Hot Cinnamon Doughnuts	Honey & Ginger Syrup Cake	Chocolate Brownie	Dessert Of The day	Dessert Of The day
Fresh Fruits	A selection of Fresh Fruits						



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Caterham School Spring Term 2 – Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Soup Station	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Brunch Sausage: Bacon Fried Egg Baked Bea Hash Brov Mushroom Grilled Tomaz	
Main	Chilli con Carne With Rice and Nachos	Oriental Pork	Chicken Breast in a Tarragon sauce	Pepperoni Pizza	<u>Its 'Fry' day</u> Fish 'N' Chips	Tandoori Chicken Thighs		
Deli Counter	Honey Garlic Pork Chop	Chicken Cacciatore Italian Baked Chicken Thigh	Mexican Lamb Tacos	Beef Stew	<u>It's 'Pie' day</u> A deep filled Pie	-----		
Vegetarian	Vegetable Chilli With Rice and Nachos	Oriental Vegetables	Vegetable Fajita With Salsa & Sour Cream	Vegetarian Pizza	<u>It's 'Pie' day</u> Cheese & Onion Pie or Vegetable	Saag Aloo Vegetable Samosa		
Pasta Or Jacket Potato	Tomato & Balsamic Or Peppercorn	Tomato & Basil Or Cheese & Spinach	Tomato & Balsamic Or Pesto Cream	Tomato & Basil Or Rocket & Ricotta	Tomato & Basil Or Butter Bean	-----		
	Baked Beans Cheese	Beef Bolognaise	Baked Beans Cheese	Beef Bolognaise	Baked Beans Cheese	-----		
Seasonal Salads	Seasonal Salad Selection							Sandwich Snax A wide varie fresh sandwi With Crisj & Cookies
Seasonal Vegetables & Potato	Rice Roasted potato. Carrots	Noodles Boiled Potato Broccoli	Rice Roasted Courgettes	Corn Cobs Salad Bar Mashed Potato	Chunky Chips Peas Baked Beans Tartar Sauce Lemon wedges	Rice Mango Chutney Green Beans		
Fresh Fruit	Whole or Fresh Cut Fruit							
Sweet Selection	Rice Pudding With Assorted Toppings	Jam sponge With Custard	Lemon Drizzle cake With Yoghurt	Marble cake with Chocolate sauce	Flap Jack	Dessert Of the day		



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Caterham School Spring Term 2 – Supper Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station	Soup Of the Day	Soup Of the Day	Soup Of the Day	STUDENT THEMED NIGHT	Soup Of the Day	Soup Of the Day	Soup Of the Day
Traditional Main	Chorizo Chicken Thighs	Herb Crust Cod Loin	Beef Lasagne	STUDENT THEMED NIGHT	Chicken & Leek pie	Pork Ribs	Meatballs & Rice
Secondary choice	Lamb Jalfrezi Curry	Chargrilled Herbs Pork Chop	Fish Fingers & Tartar sauce Wrap	STUDENT THEMED NIGHT	Chimichuri Beef Wrap	Chipotle Chicken Wings	Chargrilled Cajun Spiced Tuna Steak
Pasta	Pesto Sauce	Tomato & Basil	Carbonnara	STUDENT THEMED NIGHT	Tomato & Basil	Cheese and onion	Tomato & Basi
Vegetarian	Cauliflower Cheese	Lemon & Herbs Risotto	-----	STUDENT THEMED NIGHT	Vegetable Spring Rolls	Butternut & Sweet Potato Enchiladas	Stuffed Aubergine
Seasonal Vegetables & Potatoes	Rice Peas & Carrot Poppadums' Chutney	Roast Potato Cauliflower & Roast Peppers	Butter and Parsley New Potato Garlic Bread Broccoli	STUDENT THEMED NIGHT	Boiled Potato Garden Peas & Red Onions		Warm Nicoise Salad Rice
Seasonal Salads	Seasonal Salad Selection						
Sweet Selection	Chocolate Flapjack	Chocolate Brownie	Assorted Warm Flavoured Muffins	STUDENT THEMED NIGHT	Berry Cheesecake	Dessert Of The day	Dessert Of The day



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Caterham School Spring Term 3 – Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	
Main	Beef Curry (Rendang)	Hot Dog (Bratwurst sausage with Onions)	Chicken Burger	Meaty Mac & Cheese	<u>Its 'Fry' day</u> Fish 'N' Chips. Fresh Battered or Breaded.	Bangers 'N' Mash	
Deli Counter	Thyme roasted Chicken Thigh	Cottage Pie	Pulled Pork Served in a brioche roll	Beef & Onion Pie	Deli Sandwich (Pastrami or Ham)	-----	Brunch
Vegetarian	Vegetable Samosas	Quorn Dog	Falafel Burger With Red onion Relish	Mac & Cheese	Deli Sandwich	Vegetarian sausages	Sausages Bacon Fried Eggs Baked Beans Hash Brown Mushrooms Grilled Tomatoes
Pasta	-----	Olive & Tomato Or Rocket & Ricotta	Tomato & Balsamic Or Pesto Cream	Tomato Or Cheese	Tomato & Basil or Three Cheese	-----	
Or Jacket Potato	Baked Beans Cheese	Beef Chilli	Baked Beans Cheese	Lamb Chilli	Baked Beans Cheese	-----	
Seasonal Salads	Seasonal Salad Selection						
Seasonal Vegetables & Potatoes	Rice Poppadum's	Skinny Fries Baked Beans Peas	Cheesy Half Jacket Coleslaw Salad Bar	Garlic Bread New Potatoes Broccoli	Chunky Chips Peas Mushy Peas Tartar Sauce Lemon wedges	Mashed Potato Baked Beans Peas Gravy	A wide variety of fresh sandwiches With Crisps & Cookies
Fresh Fruit	Whole or Fresh Cut Fruit						
Sweet Selection	Creamy Rice Pudding	Toffee Sponge with Custard	Bread & Butter pudding with Custard	Spinach, Coconut & Yoghurt cake	Chocolate Chip sponge With Custard	Dessert Of The day	



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Caterham School Spring Term 3 – Supper Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day
Traditional Main	Coq Au Vin (Chicken Thighs)	Slow cooked Pork Belly	Beef Lasagne	Pork Cassoulet	Chicken Parmigiana Baked chicken topped with Mozzarella and Tomato sauce	Chicken Mushroom & Leek Pie	Beef Stew
Secondary choice	Sticky Pork Ribs	Chicken & Sweetcorn Pie	Penne Pasta Carbonnara	Thai Green Chicken	Beef Stroganoff	Pasta Bolognaise	Cheesy Lamb Jacket. Stuffed jacket topped with cheesy mash
Pasta	-----	Mushroom and Tarragon	-----	Tomato & Pesto	Tomato & Cheese	Tomato Sauce	Cheese & onion
Vegetarian	Mushroom & Ricotta Cheese Ravioli	Leek & Cheese quiche With red onion marmalade	Red Pesto Rocket Risotto	Ratatouille	Aubergine Parmigiana	Paprika roast peppers with fried egg	Bean Stew
Seasonal Vegetables & Potatoes	Boiled Parsley potatoes Roasted Courgettes and Red Onion	Cous Cous Cajun potato & Coleslaw	Roast Potato Spaghetti Garlic Bread Roasted Carrots	Savoy Cabbage & Red Onion Mash Potato Egg Fried Rice	Onion Rings Corn on the Cob Potato Wedges	Penne Pasta Garlic Bread Parmesan Cheese Roast New Potato	French Beans Lemon & Herbs Potato Wedges
Seasonal Salads	Seasonal Salad Selection						
Sweet Selection	Chocolate Brownie	Chefs Choice Tray Dessert	Assorted Doughnuts	Jam Crumble Squares	Muffin	Dessert Of The day	Dessert Of The day