

CATERHAM SWIMMING ACADEMY

Summer Term 2019

Sunday Swim School:

These classes are aimed at learning and developing the basic movement skills of our swimmers with the main focus of having fun whilst being safe. We work with small duckling classes 1:2, with our largest class size 1:8 (improver deep water group). Having small classes means we can give each child the individual attention they need and work to their ability and not the class's ability.

Ducklings (1-4) – we encourage swimmers to move more independently learning the very basics of arm and leg movements, whilst under close supervision from one of our teachers.

Dolphins (Learn to Swim stage 1 & 2 + 5m & 10m badges)- swimmers will learn to swim independently using floatation aids and progress towards unaided swimming.

Sharks- Learn to Swim stage 3-5) swimmers are now confident and will master the basic stroke patterns of front crawl, backstroke and breaststroke, and can swim 10-15m back and forth comfortably.

Term Price: £90

Sibling discounts: £85per additional child

28th April

12th May

19th May

26th May

HALF TERM

9th June

16th June

23rd June

30th June

Monday & Thursday Swim School:

Our Weekday Swim School continues the development of our swimmers from our Sunday classes.

Our lessons are 30 minutes long except for our 5pm classes which are a 50minute class.

Class ratios are typically 1:6 for 4pm and 4.30pm classes and 1:10 for our lengths groups.

4pm-4.30pm (stage 1-3)

4.30pm-5pm (stage 3-5)

5pm-5.50pm(stage 6-8)

Term Price: £75– thirty minute lessons

£95– fifty minute lessons

£5 Sibling discount on 50minute lessons only.

Mondays	Thursdays
29th April	2nd May
13th May	9th May
20th May	16th May
	23rd May
HALF TERM	
3rd June	6th June
10th June	13th June
17th June	20th June
24th June	27th June
1st July	

Contact: Sean Perfect (Swimming Academy Manager)

Sean.perfect@caterhamschool.co.uk—01883 335078

School address: Harestone Valley Road, Caterham, Surrey CR3 6YA



Caterham Swimming Academy—Swim School Application form Summer 2019

If you are unsure what class suits your child best, answer our quiz:

Can your child swim without arm-bands on? Y/N

Is your child confident in the water? Y/N

Can your child swim 5-10m unaided ? Y/N

Is your child confident to swim in deep water? Y/N

Can you swim 25m front crawl (with sideways breathing), and backstroke? Y/N

If your child cannot swim without arm bands and are not ready to swim independently Sunday Swim School is the place for you.

If your child can swim 5-10m unaided then our weekday 4pm and 4.30pm classes will suit you well.

If you can swim 25m comfortably front crawl whilst breathing correctly our 5pm class will welcome you with open arms.

If you are still unsure, please contact Sean Perfect (Swimming Academy Manager).

Sunday Swim School

DOB

Childs name:

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Class (Circle): Ducklings Dolphins Sharks

Medical Info:

Previous terms lesson time (for current members):

Preferred time of lesson (30min lessons between 9am-12pm):

Parent/ Guardian Name:

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Contact email & telephone number

Email

Number

Term Price:

£90

Sibling discounts: £80per additional child

Signed:

Date:

Weekday Swim School

DOB

Childs name:

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Medical Info:

Previous terms lesson time (for current members):

Parent/ Guardian Name:

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Contact email & telephone number

Email

Number

Preferred Day: Monday/Thursday

Term Price:

£75 (30min lessons) **£95** (50min lessons)

Sibling discounts for 50min class: £85per additional child

Signed:

Date:

All payments are to be made via our online system Wisepay. Once your child(ren) have signed up and have been designated a place we will open an account for you. Cancellations of less than seven days before the start of term are non-refundable. Please complete and return form to the Caterham School Sports Centre.