

Caterham School - Summer Term - Breakfast Menu

All Meals are cooked fresh on site with fresh ingredients daily

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------------------------|--|--|--|--|---|--|--|
| Juice Bar | Orange, Apple and Pineapple Juice | | | | | | |
| Hot Drinks | English Breakfast Tea, Peppermint Tea, Green Tea, Earl Grey Tea, Chamomile Tea, Green Tea with Lemon, Coffee, Cappuccino, Espresso, Mocha, Latte, Café au Lait, Latte Macchiato and Hot Chocolate | | | | | | |
| Cereals | Caterham's own Muesli, Weetabix, Cornflakes, Coco Pops & Shreddies served with Chilled Semi Skimmed Milk. Hot Porridge with a selection of toppings. | | | | | | |
| Hot or Continental Breakfast | Warm Croissants. Ham & Cheese Monte Cristo (French toast). | Crispy Streaky Bacon with American style Pancakes and Maple Syrup | Pan Au Chocolate. Cheese and Meats selection. Boiled eggs. | Cumberland Sausages. Hash Browns. Baked Beans. | Cheese & Ham filled Croissant. Boiled Eggs. | Scrambled Eggs. Waffles. Baked Beans. | Pork Sausage, Back Bacon, Hash Browns, Fried Egg, Mushrooms, Tomatoes, Baked Beans. |
| Yoghurt Bar | Natural Yoghurt with a selection of toppings | | | | | | |
| Fresh Cut Fruit | Selection of cut fresh fruits | | | | | | |
| Toast & Preserves | Sliced White and Brown Bread for toasting with a selection of Butter, Sunflower spread and Jams | | | | | | |

Caterham School - Summer Week 1 - Lunch Menu

All Meals are cooked fresh on site with fresh ingredients daily

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|---|-------------------------------------|---|--|--|---|
| Soup station | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | <p style="text-align: center;">Brunch</p> <p>Sausages Bacon Fried Eggs Baked Beans Hash Brown Mushrooms Grilled Tomatoes</p> <p style="text-align: center;">Sandwich Snax</p> <p>A wide variety of fresh sandwiches With Crisps & Cookies</p> |
| Main | Chunky Beef Chilli with Rice & Nachos. | Bratwurst Hotdog with Dill Pickles & Mustard Mayonnaise | Fish finger Wrap | Chicken Curry (Murgh Kari) | <u>It's Fry Day</u> Fish 'N' Chips. | <u>Pasta</u> Bolognaise | |
| Deli Counter | Garlic Chicken Thighs served with New Potato | Shepherd's Pie (Minced Lamb) | Sweet & Sour Pork | Meatball Sub. Spanish Meatball with a Cooling Yoghurt dressing | Battered Sausage or Plain Sausage. | ----- | |
| Vegetarian | Quorn Chilli | Vegetarian Lasagne | Stuffed roasted Peppers | Vegetarian Samosas | Cheese and Red Onion Tart | Cheese and Onion Sauce | |
| Pasta Or Jacket Potato | Tomato & Basil or Cheese & Tarragon | Tomato & Basil or Peppers & Pesto | Tomato & Basil or Rocket Pesto | Tomato & Basil or Cheese and Onion | Tomato & Basil or Creamy Mushroom | ----- | |
| | Baked Beans Cheese | Beef Chilli | Baked Beans Cheese | Cold Tuna & Sweetcorn | Baked Beans Cheese | ----- | |
| Seasonal Salads | Seasonal Salad Selection | | | | | | |
| Seasonal Vegetables & Potato | Braised Rice. Tortilla Chips. New Potato. | Corn on the Cobs. Onions. Skinny Fries Cabbage. | Noodles. Broccoli. Peas & Sweetcorn | Rice. Gujarati Cabbage. Saag Aloo. | Chunky Chips. Baked Beans. Mushy Peas. Tartar Sauce. Lemon wedges. | Garlic Bread. Pasta. Green Beans. Fresh Salad Bar. | |
| Fresh Fruit | Whole or Fresh Cut Fruit | | | | | | |
| Sweet Selection | Peach Slices With Flavoured Yoghurt | Chocolate Sponge With Chocolate Sauce. | Carrot Cake With Flavoured Yoghurt. | Apple Crumble With Custard. | Ice cream Pot. | Dessert Of The Day. | |

Caterham School - Summer week 1 - Supper Menu

All Meals are cooked fresh on site with fresh ingredients daily

| | Monday | Tuesday. | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|--|--|---|--|
| Soup Station | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day |
| Traditional Main | Lemon and Herb Char grilled Pork chops | Katsu Chicken. | Caterham Pizza. | Cider Braised Pork. | <u>BBQ day</u> Jamaican Jerk Chicken. | Shredded Beef Brisket With Sweet Potato. | Sunday style Roast Roast loin of Pork with Apple sauce |
| Secondary choice | Moroccan Lamb Tagine | Fish cake served on a Brioche bun with Tartar sauce | <u>Chicken wings</u> With a choice of Dipping sauce. Sweet Chilli, BBQ or Blue cheese | Spanish style Seafood Paella. | <u>BBQ day</u> Beef burger With assorted toppings | Fajita Chicken Wrap. | Roast Beef with all the Trimmings. |
| Vegetarian | Cheese & Onion Omelette. Cooked to order. | Tortellini Formaggio | Caterham Vegetarian Pizza | Mushroom Ravioli | Veggie Burger | Vegetable Fajitas. | Vegetable Wellington. |
| Pasta Bar | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | Pasta Bar with Choice of sauces. |
| Seasonal Vegetables & Potatoes | Herbed Cous Cous. Herbed New potato. Carrots | Udon Noodles. Jacket wedges. | BBQ Baked Beans. Onion Rings. Sweetcorn. | Tagliatelle. Minted Peas. Green Beans. | Fresh Salad selection. Baked Potatoes | Tortilla wraps. Sweet Potato wedges. Corn on the Cob. | Roast Potato. Yorkshire Pudding. Sautéed Cabbage. Minted Peas |
| Seasonal Salads | Seasonal Salad Selection | | | | | | |
| Sweet Selection | Rice Krispy crunch. | Lychee's with Ice cream. | Hot Cinnamon Doughnuts. | Caterham Mess. | Calippo Ice pole. | Dessert Of The day. | Dessert Of The day. |

Caterham School - Summer week 2 - Lunch Menu

All Meals are cooked fresh on site with fresh ingredients daily

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|--|---|--|---|---------------------------------|---|
| Soup Station | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | <p style="text-align: center;">Brunch</p> <p>Sausages Bacon Fried Eggs Baked Beans Hash Brown Mushrooms Grilled Tomatoes</p> <p style="text-align: center;">Sandwich Snax</p> <p>A wide variety of fresh sandwiches With Crisps & Cookies</p> |
| Main | Beef Bolognese. | Cumberland Sausage Ring. | Oriental Chicken Breast. | Summer Beef Casserole. | <u>Its 'Fry' day</u> Fish 'N' Chips. | Char grilled Pork. | |
| Deli Counter | Chicken Breast with a creamed Leek Sauce. | <u>Keema Lamb</u> A dry fried minced lamb served with Rice and Sambols. | Beef & Onion Pie. | <u>Pulled Pork</u> With a crunchy Slaw and served in a bun. | <u>It's 'Pie' day</u> A deep filled Meat Pie. | Mediterranean Chicken Thighs | |
| Vegetarian | Quorn Bolognese. | Three Cheese, Cauliflower Cheese. | Sweet & sour Vegetables. | Stuffed Peppers. | <u>It's 'Pie' day</u> Cheese & Onion Pie or Vegetable | Vegetable Moussaka | |
| Pasta Or Jacket Potato | Tomato & Balsamic Or Peppercorn | Tomato & Basil Or Cheese & Spinach | Tomato & Balsamic Or Pesto Cream | Tomato & Basil Or Rocket & Ricotta | Tomato & Basil Or Butter Bean | Pasta Bar. | |
| | Baked Beans Cheese | Beef Bolognese | Baked Beans Cheese | Beef Bolognese | Baked Beans Cheese | ----- | |
| Seasonal Salads | Seasonal Salad Selection | | | | | | |
| Seasonal Vegetables & Potato | Garlic Bread. Pasta. Rice Roasted Vegetables. | Mashed Potato. Broccoli. Gravy. | Noodles. Mashed Potato. Mixed Veg'. | Cous Cous. Carrots. Cauliflower. | Chunky Chips Peas Baked Beans Tartar Sauce Lemon wedges | Herbed New potato. Broccoli. | |
| Fresh Fruit | Whole or Fresh Cut Fruit | | | | | | |
| Sweet Selection | Toffee sponge with Custard. | Warm Pineapple chunks with Honey Yoghurt. | Blueberry Sponge with Yoghurt. | Flapjack. | Summer berry Bread & Butter Pudding. | Dessert Of The day. | |

Caterham School - Summer week 2 - Supper Menu

All Meals are cooked fresh on site with fresh ingredients daily

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------------------|---|--|---|----------------------|--|--|----------------------------------|
| Soup Station | Soup Of the Day | Soup Of the Day | Soup Of the Day | STUDENT THEMED NIGHT | Soup Of the Day | Soup Of the Day | Soup Of the Day |
| Traditional Main | Sweet & Sour Chicken. | Herb Crust Cod Loin. | <u>Giouvetsi</u> Diced Beef with Orzo in a Tomato sauce. | STUDENT THEMED NIGHT | <u>BBQ day</u> Chicken Fajita. | Beef Lasagna. | Carbonnara |
| Secondary choice | Slow cooked Oriental Pork Ribs. | Slow cooked Beef with Chorizo and onions. | Char grilled Pesto Chicken. | STUDENT THEMED NIGHT | <u>BBQ day</u> Beef Burger. | Chipotle Chicken. | Spanish Meatballs |
| Pasta | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | STUDENT THEMED NIGHT | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. |
| Vegetarian | Spring Rolls with Plum sauce. | Baked Butterbean stew with crumbled Feta Cheese. | Pasta Bake. | STUDENT THEMED NIGHT | <u>BBQ day</u> Vegetable & Bean Fajita | Vegetable Lasagne. | Quorn Meatballs |
| Seasonal Vegetables & Potatoes | Chili & Soy Broccoli. Udon Noodles. Oriental Broth. | Crushed Basil New Potato. Courgettes and Red onion. | Salad selection. | STUDENT THEMED NIGHT | Jacket Potato Sautéed Onions Re-fried Beans. | Garlic Bread. Coleslaw. Rice. Glazed Carrots. | Spaghetti. Broccoli. |
| Seasonal Salads | Seasonal Salad Selection | | | | | | |
| Sweet Selection | Assorted flavoured Muffins. | Crepes with assorted Toppings. | Berry Cheesecake. | STUDENT THEMED NIGHT | Warm Mini Cinnamon Doughnuts. | Dessert Of The day. | Dessert Of The day |

Caterham School – Summer week 3 – Lunch Menu

All Meals are cooked fresh on site with fresh ingredients daily

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|--|--|-------------------------------------|---|---|---|
| Soup | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | |
| Main | Cumberland Sausage & Mash. | Chilli con Carne | Fish Finger Wrap. | Mac & Cheese. | <u>Its 'Fry' day</u> Fish 'N' Chips. Fresh Battered or Breaded. | Chicken Korma With mango chutney & Naan Bread | |
| Deli Counter | Chicken breast with Risotto | Kalua Pork chops | Roast Chicken leg | Mexican Beef Burritos | Deli Sandwich (Pastrami or Ham) | | Brunch |
| Vegetarian | Quorn sausage & Mash | Vegetarian Chilli | Cheese & Red onion Tart | Mac & Cheese. | Deli Sandwich | Chickpea & Lentil Dhal | Sausages Bacon Fried Eggs Baked Beans Hash Brown Mushrooms Grilled Tomatoes |
| Pasta | Tomato & Basil | Tomato & Basil Or Rocket & Ricotta | Tomato & Basil Or Pesto Cream | Tomato & Basil Or Cheese | Tomato & Basil or Three Cheese | Pasta Bar With Choice of sauces. | |
| Or Jacket Potato | Baked Beans Cheese | Beef Bolognaise | Baked Beans Cheese | Lamb Chilli | Baked Beans Cheese | ----- | |
| Seasonal Salads | Seasonal Salad Selection | | | | | | |
| Seasonal Vegetables & Potatoes | Mashed Potato. Onion Gravy. Cabbage Peas. | Wild Rice. Nachos. Roast Sweet potato. | New potato. Stuffing ball. Gravy. Honey glazed Carrots. | Garlic Bread. Broccoli. Rice. | Chunky Chips Peas Mushy Peas Tartar Sauce Lemon wedges | Rice. Assorted sides. Naan breads. | Sandwich Snax |
| Fresh Fruit | Whole or Fresh Cut Fruit | | | | | | |
| Sweet Selection | Plain sponge with Custard. | Cold Rice pudding with assorted toppings. | Fruit Crumble with Custard. | Pumpkin Cake. | Ice Cream Pot. | Dessert Of The day. | A wide variety of fresh sandwiches With Crisps & Cookies |

Caterham School - Summer week 3 - Supper Menu

All Meals are cooked fresh on site with fresh ingredients daily

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------------------|---|-----------------------------------|---|--|---|---|--|
| Soup Station | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day | Soup Of the Day |
| Traditional Main | Herb Roasted Chicken Leg with Sage Olive & Caper Tapenade | Breaded Pork escalope. | Teriyaki Beef With Prawn Crackers. | Chicken Salad with a choice of dressings. | <u>BBQ day</u> Honey glazed pulled Pork Burger with Apple sauce. | Swedish Meatballs with a creamy Gravy | Chicken Chasseur. (thighs) |
| Secondary choice | Greek Lamb and Feta Tart. | Tuna pasta Bake. | Chicken Pie. | Bangers & Mash | <u>BBQ day</u> Tandoori Chicken on flatbread with Kachumber & Mint Yoghurt | Fish Pie | Spanish Baked Eggs with Chorizo & Peppers. |
| Pasta | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. | <u>BBQ day</u> | Pasta Bar With Choice of sauces. | Pasta Bar With Choice of sauces. |
| Vegetarian | Stuffed Beef Tomato | Cheesy Ratatouille | Pea and asparagus Risotto. | Quorn sausage & Mash | <u>BBQ day</u> Mexican Bean Burger | Swedish style Quorn Balls in a creamy Gravy | Baked Aubergine and Spinach . |
| Seasonal Vegetables & Potatoes | Thyme and Garlic Potato wedges. Roasted Vegetables. | Mashed Potato. Broccoli. Cabbage. | Noodles. Oriental Veg'. Roast new potato. | Mashed potato. Baked Beans. Onion Gravy. Peas. | <u>BBQ day</u> | Rice. Cabbage. Sweetcorn. | Boiled Parsley potato. Green Beans. |
| Seasonal Salads | Seasonal Salad Selection | | | | | | |
| Sweet Selection | Fresh Fruit Salad with Cream | Cheesecake | Candied Apples | Caterham Mess | Ice-cream with Assorted toppings | Dessert Of The day | Dessert Of The day |