



CATERHAM
SCHOOL

TRIPS AND EXPEDITIONS

Lower Sixth Opportunities 2020



Kingsford Community School: Work Experience



Kingsford Community School is a secondary comprehensive school in Beckton in the London Borough of Newham, East London, England. It opened in September 2000, and educates full-time students from the ages of 11 to 16. The school has a good record of success, but it does cater for one of the most economically disadvantaged areas in the country. The Head teacher, Joan DeLonges, spoke at our 2017 Speech Day. More information about the school can be found at: <http://kingsford.realsmartcloud.com/our-school/>

Each year we place Caterham School Sixth Formers on a two-week work experience placement at the school. The dates for 2020 are Monday 6 July to Tuesday 14 July inclusive (i.e. the first week and a bit of our school's summer holiday).

Caterham Lower Sixth form students are invited to apply to join this scheme; successful candidates will be awarded a grant of approximately £200 from the Sam Griffiths Foundation (www.samgriffithsfoundation.com), and this money should be spent on expenses incurred during the work experience (e.g. travel, food, equipment etc.).

You may be required to do a multitude of different tasks during your two weeks at Kingsford Community School. You will be involved in lessons, clubs and societies; you may be asked to accompany students on a trip during the day. You will be issued with a timetable and the school will do all it can to tailor your tasks to reflect your interests and experience. This year we hope to place around 15 Caterham Sixth Formers on this programme.

For the first time in 2018, Caterham students conducted work experience at North Beckton Primary School in close proximity to Kingsford. A small number of students will be able to be placed at this Primary School.

There is no accommodation provided, so you will travel to and from the school each day. It is very close to Beckton DLR station. The most direct route is usually via London Bridge Station, where you can transfer on to the Jubilee Line and then change at Canning Town, where you can get onto the DLR.

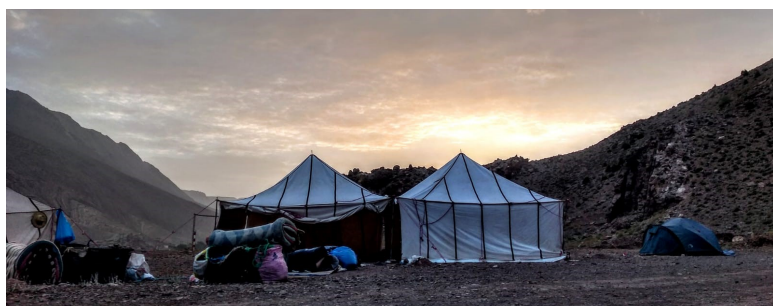
This is a fantastic opportunity to gain new skills and experience in a supportive and diverse environment. Kingsford is a fascinating and supportive school and each year Joan Deslandes is hugely grateful for the help our work placement students provide. There is no sixth form at Kingsford, so the students are particularly grateful to have contact with Caterham students who have experience of studying at A-level and who are aspiring to continue their education post-18. Caterham students gain a huge amount personally from this work experience.

Morocco Cultural Trip

In July 2020 we intend to take a group of up to 15 pupils to Talsenante, in the Ait Bougumez Valley, Morocco. The purpose of this trip is to learn about Berber and Moroccan culture.

The trip is split into 3 phases: Project phase, Trek phase and City phase. The project

centres around one of the villages in the valley: in 2018 we converted a water storage tank into a workroom for a local women's group, whilst in 2019 we renovated a primary school and taught a range of lessons.



The Trek phase will see us spend two days trekking, camping and exploring the Atlas mountains. The group will have a large input into shaping the final itinerary and we can change the route and intensity at will. It is NOT the intention that this will be a physically demanding trip, but accessible and enjoyable.

The City phase is built into the end of the trip and will be an opportunity to experience a completely different side of Morocco. Whilst the mountain communities have only recently connected to water and electricity networks, the city is a modern, busy metropolis that never sleeps.

A trip of this type will ultimately be greatly rewarding, but can also be challenging. Importantly, group members should be reasonably fit, and interested in encountering new cultures and engaging with local communities.

The trip will be organised by an external provider with experience in trips of this nature. The trip will cost approximately £1500 and will run for nine days at the start of the Summer Holiday. An information evening featuring a presentation by the provider will be held in November.



Tanzania: Lerang' wa School, Mount Meru, Manyara and Ngorongoro National Parks



A group of 20 students, accompanied by five members of staff, will travel to Tanzania, leaving 09 July and arriving back in the UK on July 27.

The school is situated on the northern edge of Mt Kilimanjaro. Students spend a week in the school, teaching morning lessons, and in the afternoon dividing their time between cultural visits, including a local Maasai settlement and the market in Lerang'wa village, and maintenance projects in the school. Our students work in teams of four or five preparing and delivering lessons, but when other groups need help, for example with sports afternoons or art resources for the next day, everyone pitches in.

The second phase of the trip is a four day hike to the summit of Mount Meru that will test the group both physically and mentally, with each member working for each other within the team. With the correct preparation everyone is capable of reaching the summit, but this mountain is not to be underestimated. The trek takes us through the beautiful forests of the Arusha National Park, before we climb above the clouds to the summit. The final three days of the expedition are spent on safari at Lake Manyara and the Ngorongoro Crater.

As the spearhead of the School Tanzania charity project, you will be expected to conduct lessons, working as part of a team, specialising in either English, Music, Art, or Sport. These lessons are at Primary level, so you do not need to be an expert; however, the lessons must be imaginative and engaging. We are always looking for innovation in these areas. The children and teachers of Lerang' wa school have developed the highest expectations of our visit.

Successful team members will be fit, resourceful and cheerful under pressure. A trip of this type is, by its very nature, a demanding undertaking. Please do not underestimate the culture shock that you will undoubtedly experience. Team members should also be willing to 'get their hands dirty' and 'muck in'. Although the nature of some of the work may well be physically demanding, please note this does not mean that only the physically stronger students will be considered for the trip; we are looking for a range of skills.

Western Reserve Academy Exchange (Hudson, Ohio and Washington DC)



Western Reserve Academy (WRA) is situated in Hudson Ohio, a picturesque town located between Cleveland and Akron. The school has striking similarities with our own, but also significant cultural differences.

Caterham students will visit the WRA for twelve days during the Easter Holidays. Time is spent with the hosts in this high-performing school, attending lessons, enjoying their amazing facilities and spending time in the historic town of Hudson, as well as absorbing the American culture with a series of outings and events, including a Cleveland Indians baseball game. Accommodation is in their boarding houses.

In the past our hosts have then take the Caterham party to Washington DC for four days to take in the sites: the Lincoln Memorial, Air and Space Museum, The Capitol Building, and the White House to name a few.

This exchange programme then involves Caterham students hosting students from the WRA for two weeks during the Summer Term. Most activities are organised centrally for this phase, but some time is set aside for interaction with the hosts on a more informal basis.

The friendships made on this trip have often endured for years after students have graduated from their respective schools, and involved many return visits. This is a unique opportunity to experience American culture and schooling. Students with an interest in recent World or US history, as well as US politics and culture would find this trip complements their studies, but it will also attract those who want to socialise at Chipotle, experience an American high school, and form new and international friendships. In the past the cost per student has been approximately £1650 with some spending money required on top.

Currently the programme and viability of this trip is under review. We will publish further details as soon as possible.



National Citizens Service

The NCS scheme offers one week experiences in the Autumn half term, and three week experiences in the Summer holidays. The three phases of NCS are outlined below, and in more detail on their website www.ncsyes.co.uk/


The maximum cost is £50.

Many Caterham pupils have participated over the last few years, and they have all had a great experience, working within the wider community on a range of meaningful social projects alongside adventure training and developing personal skills and qualities.

NCS representatives will be in school to promote the programme further in the Spring term. There is no need to wait as you can register online. They offer great flexibility of dates and venues, but on a first come, first served basis.

What is NCS?

National Citizen Service (NCS) is a life-changing experience which offers 15 to 17 year olds the chance to push themselves out of their comfort zone, build skills for work and life, and contribute positively to their local community.



PHASE 1: ADVENTURE
Personal Challenge

Living independently, young people complete outdoor activities.

PHASE 2: DISCOVERY
Team Challenge

Young people work with industry professionals to learn new skills whilst staying at university accommodation.

PHASE 3: SOCIAL ACTION
Real Challenge

Young people design a social action project to make a difference in their community.

CELEBRATION
Their Future

Young people will be invited to a graduation ceremony.


Work Experience Ambassadorial Roles Employment

87% of our graduates feel more confident in themselves


92% feel they have developed skills for their future, after finishing NCS


£80,000 was raised by NCS participants for Surrey based charities in 2017


NCS contributes to the volunteering and residential elements of the Silver and Gold Duke of Edinburgh Award respectively.




For more information or to sign up, visit NCSTHECHALLENGE.ORG or call 020 3510 5050

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