



# **SPORTS CENTRE MEMBERSHIP APPLICATION FORM**

### MAIN APPLICANT INFORMATION

Date:			Staff Mer	mber:	
Membership Star	t Date:		Member	ship Expi	ry Date:
				<b>= 1</b>	
Title:		Forename(s)			Surname
D.O.B					
Mobile Number	1.7				4
Home Number	7	PL		MO	1
Email Address		18.81	NE.		
Address					
Postcode	Δ	TE	R 1	П	ΔλΛ
	ADDITI	ONAL APPLI	CANT IN	IFORM/	ATION
Title:	90	Forename(s)			Surname
D.O.B					
Mobile Number					
Email Address					
Address					





	ADDITIONAL APPLICANT INFORMATION				
£30.00 for each a	dditional child who is not a pupil at				
current pupils and children under 5 providing there is a fee paying parent.					
Child I Name	, ,	·	7 01		
CUILLEDOD					
Child I DOB					
Child 2 Name					
Child 2 DOB					
Cillid 2 B G B					
MEMBERSHIP CATEGORY					
Parent of Current Pupil/s Local Resident					
Farent of Current Pupil/s					
Old Cat/Eothen Staff (ID required)					
	MEMBERSHIP FE	ES			
	MEMBERSHIP FE	:E3			
MEMBERSHIP T	YPE	FEE / U	QUANTITY		
	TYPE  Renewal (Prior Ist Sept 2019)	<b>FEE</b> £168.00	QUANTITY		
Main Applicant – R	Renewal (Prior Ist Sept 2019)		QUANTITY		
Main Applicant – R Additional Applica Main Applicant – R	Renewal (Prior Ist Sept 2019)  nt – Renewal (Prior Ist Sept 2019)  Renewal (After Ist Sept 2019)	£168.00	QUANTITY		
Main Applicant – R Additional Applica Main Applicant – R	Renewal (Prior Ist Sept 2019)  nt – Renewal (Prior Ist Sept 2019)  Renewal (After Ist Sept 2019)	£168.00 £60.00	QUANTITY		
Main Applicant – R Additional Applica Main Applicant – R	Renewal (Prior Ist Sept 2019) Int – Renewal (Prior Ist Sept 2019) Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019)	£168.00 £60.00 £192.00	QUANTITY		
Main Applicant – R Additional Applicant – R Main Applicant – R Additional Applica	Renewal (Prior Ist Sept 2019)  Int – Renewal (Prior Ist Sept 2019)  Renewal (After Ist Sept 2019)  Int – Renewal (After Ist Sept 2019)  New Member	£168.00 £60.00 £192.00 £65.00	QUANTITY		
Main Applicant – R Additional Applica Main Applicant – R Additional Applica Main Applicant – N	Renewal (Prior Ist Sept 2019) Int – Renewal (Prior Ist Sept 2019) Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019) New Member Int – New Member	£168.00 £60.00 £192.00 £65.00 £192.00	QUANTITY		
Main Applicant – R Additional Applicant – R Additional Applicant – R Additional Applicant – N Additional Applicant – N Additional Applicant – N Additional Child/re Staff - Main Applicant	Renewal (Prior Ist Sept 2019) Int – Renewal (Prior Ist Sept 2019) Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019) Int – New Member	£168.00 £60.00 £192.00 £65.00 £192.00 £65.00 £30.00	QUANTITY		
Main Applicant – R Additional Applicant – R Additional Applicant – R Additional Applicant – N Additional Applicant – N Additional Applicant – N Additional Child/re Staff - Main Applicant – Staff - Additional Additional Applicant – N Staff - Additional A	Renewal (Prior Ist Sept 2019) Int – Renewal (Prior Ist Sept 2019) Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019) Int – New Member Int – New Member Int – New Member Int – Renewal (After Ist Sept 2019) Int – New Member	£168.00 £60.00 £192.00 £65.00 £192.00 £65.00 £30.00 £50.00	QUANTITY		
Main Applicant – R Additional Applicant – R Additional Applicant – R Additional Applicant – N Additional Applicant – N Additional Applicant Additional Child/re Staff - Main Applicant Staff - Additional A Staff - Additional C	Renewal (Prior Ist Sept 2019) Int – Renewal (Prior Ist Sept 2019) Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019) Int – New Member	£168.00 £60.00 £192.00 £65.00 £192.00 £65.00 £30.00 £50.00 £50.00	QUANTITY		
Main Applicant – R Additional Applicant – R Additional Applicant – R Additional Applicant – N Additional Applicant – N Additional Applicant Additional Child/re Staff - Main Applicant Staff - Additional A Staff - Additional C	Renewal (Prior Ist Sept 2019) Int – Renewal (Prior Ist Sept 2019) Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019) Int – Renewal (After Ist Sept 2019) Int – New Member Int – New Member Int – New Member Int – Renewal (After Ist Sept 2019) Int – New Member	£168.00 £60.00 £192.00 £65.00 £192.00 £65.00 £30.00 £50.00	QUANTITY		

The information contained on this application will be used exclusively for the purposes of Caterham Schools marketing and associated information. The computer records are registered under Data Protection Act 1984 and Caterham School will not undertake the transfer or exchange of such information with other agencies.





## PHYSICAL ACTIVITY READINESS QUESTIONNAIRE (PARQ)

For many people physical activity should not pose any problem or hazard. Our special questionnaire is designed to inform us of any medical issues that may be exacerbated by physical exercise.

If you answer YES to any of the questions marked with an \* we strongly recommend that you seek medical advice before signing up as a member, using the gym or taking part in exercise classes. Tell your doctor about this PARQ, your intended training or exercise plan and the questions you have answered YES to. Under some circumstances, we may require you to provide a referral letter from you GP indicting that it is safe for you to exercise.

Please select 'YES' or 'NO' to the following questions:

Have you ever been diagnosed with a heart condition and/or felt pain in your chest when exercising? *	YES	NO
Have you ever been diagnosed with hypertension (high blood pressure)? *	YES	NO
Have you ever been diagnosed with hypotension (low blood pressure)? *	YES	NO
Have you ever been notified that you have high cholesterol? *	YES	NO
Do you have any bone or joint problems such as arthritis or osteoporosis? *	YES	NO
If yes to above are these aggravated by exercise? *	YES	NO
Do you suffer from any neurological disorders? (eg. Epilepsy) *	YES	NO
Do you have diabetes or any other metabolic disorder? *	YES	NO
Do you ever feel faint or experience dizziness? *	YES	NO
Do you suffer from lower back pain?	YES	NO
Are you currently taking any medication? If yes please state below:	YES	NO
Are you pregnant or have given birth in the last six months?	YES	NO
Are there any other physical conditions that might affect your ability to take part in exercise?	YES	NO
Are you over the age of 65 and not accustomed to vigorous exercise?	YES	NO
Any other medical conditions you like to add? E.g. serious allergies.	YES	NO
Please state below:		





#### **TERMS & CONDITIONS**

- **I.** The management reserve the right to later the activity programme, prices, and conditions of membership at any time.
- 2. Membership is only available to staff, pupils, parents of current pupils, members of the Old Caterhamian's Association Sports Clubs, or Eothen Old Girl's.
- 3. The membership period of 12 months is non-negotiable. Refunds for withdrawals will only be made in exceptional circumstances and at the discretion of the manager.
- **4.** Membership cards must be shown on every visit. Members are also required to sign in and out after each visit. Failure to do so may result in refusal of entry.
- **5.** Members agree to abide by the operational practices of the centre and so heed the reasonable request of staff.
- **6.** Membership cards and associated benefits are non-transferrable
- 7. Pupils may only become members when a parent/guardian enrol as members
- 8. Children under the age of 8 must be accompanied by an adult (18+ years) in the swimming pool.
- 9. Children under the age of 16 are not permitted to use the fitness suite without management permission. If permitted, children aged 14-16 years must be directly supervised in the fitness suite by a parent or guardian and ensure safe practice is adhered to at all times.
- 10. All members must complete a Health Questionnaire and complete an induction prior to using the facilities.
- II. Failure to comply with any of the above conditions may result in the withdrawal of membership. No refunds will be made for any time outstanding should these conditions not be adhered to.
- 12. Memberships not renewed within one calendar month of expiry will be subject to the New Applicant fees.

By signing below you are indicating that you have read and understood the following statements:

- I confirm the information I have provided on this form is correct to the best of my knowledge, and the answers I have given are honest.
- I understand that it is my responsibility to notify the team at Caterham School Sports Centre of any changes in my health or readiness to exercise.

Please note that the information submitted on this form is highly confidential and will be used in line with the schools GDPR guidelines.

Name:	Date:
Signature:	





# **Sports Centre Opening Times**

The Centre is open to members at the following times and is closed weekdays during term time from 10am - 5pm for pupil use only.

#### **TERM TIME - SPORTS HALL & POOL**

Monday: 7.30am-9.00am / 6.00pm-6.30pm & 8.15pm-9.30pm

Tuesday: 6.00pm-9.30pm

Wednesday: 7.30am-9.00am / 6.00pm-6.30pm & 8.15pm-9.30pm

Thursday: 6.00pm-9.30pm

Friday: 7.30am-9.00am / 6.00pm-9.30pm

Saturday and Sunday: 12-5pm

#### TERM TIME - FITNESS SUITE

Monday: 7.30am-10.00am / 5.00pm-9.30pm

Tuesday: 8.15am-10.00am / 5.00pm-9.30pm

Wednesday: 7.30am-10.00am / 5.00pm-9.30pm

Thursday: 8.15am-10.00am / 5.00pm-9.30pm

Friday: 7.30am-10.00am / 5.00pm-9.30pm

Saturday and Sunday: 9-5pm

During school holidays the centre will be open weekdays from 9.00am-9.30pm, and weekends from 9am-5pm.

Due to holiday camps and residential visits, some facilities may be unavailable at certain times during school holidays. We will notify members of these closures separately, both in house and on our website <a href="https://www.caterhamschool.co.uk/sport/sports-centre/">www.caterhamschool.co.uk/sport/sports-centre/</a>





STAFF USE ONLY				
Member has completed & signed PARQ	Initial:			
Member has booked induction	Initial:			
Date of induction	Date:			
Member has provided ID (Staff Only)	Initial:			
Member has provided Proof of Address (local resident only)	Initial:			
Member has been given membership card(s)	Initial:			
Payment Received and Type	Initial:			



# CATERHAM SCHOOL