

## Caterham School - Winter Term - Breakfast Menu Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Juice Bar</b>	<b>Orange, Apple or Pineapple</b>						
<b>Hot Drinks</b>	<b>Selection of Teas, Coffee &amp; Hot Chocolate made daily</b>						
<b>Cereals</b>	<b>Caterham's own Muesli, Weetabix, Cornflakes, Coco Pops &amp; Shreddies served with Chilled Semi Skimmed Milk, Porridge</b>						
<b>Hot or Continental Breakfast</b>	<b>Warm Croissants  Monte Cristo Sandwich</b>	<b>American Pancakes served with Crispy Bacon and Maple Syrup</b>	<b>Breakfast Pastries</b>	<b>Butchers Sausages, Hash Browns, Scrambled Eggs</b>	<b>Cheese &amp; Ham filled Croissant</b>	<b>Waffles with Maple Syrup  Boiled Eggs</b>	<b>Pork Sausage, Back Bacon, Hash Browns, Egg, Mushrooms, Tomato, Baked Beans</b>
<b>Yoghurt Bar</b>	<b>Natural Yoghurt with Toppings, Seeds, Apricots, Banana Chips and Sultanas</b>						
<b>Fruit Pots</b>	<b>Cut Fruit Pots</b>						
<b>Toast &amp; Preserves</b>	<b>Fresh Toast – Artisan Breads, served with Preserves</b>						

## Caterham School - Winter Term - Breakfast Menu Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juice Bar	<b>Orange, Apple or Pineapple</b>						
Hot Drinks	<b>Selection of Teas, Coffee &amp; Hot Chocolate made daily</b>						
Cereals	<b>Caterham's own Muesli, Weetabix, Cornflakes, Coco Pops &amp; Shreddies served with Chilled Semi Skimmed Milk, Porridge</b>						
Hot or Continental Breakfast	<b>Breakfast Pastries</b>	<b>Sausages, Scrambled Eggs, Baked Beans</b>	<b>Waffle Bar with Chocolate Sauce or Berry Compote  Boiled Eggs</b>	<b>Filled Bacon &amp; Egg Bap</b>	<b>Cheese &amp; Ham Croissant Or Plain Croissant</b>	<b>Waffles with Maple Syrup &amp; Scrambled Eggs</b>	<b>Pork Sausage, Back Bacon, Hash Browns, Egg, Mushrooms, Tomato, Baked Beans</b>
Yoghurt Bar	<b>Natural Yoghurt with Toppings, Seeds, Apricots, Banana Chips and Sultanas</b>						
Fruit Pots	<b>Cut Fruit Pots</b>						
Toast & Preserves	<b>Fresh Toast - served with Preserves</b>						

## Caterham School – Winter Term 1 – Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Main Counter</b>	Hunters Chicken	Cumberland Sausage with Onion Gravy	Fish finger Tortilla wrap With Lettuce & Sauce	Curried Chicken Breast With a spiced lentil Dhansak sauce (Plain Chicken available)	<u>Its 'Fry' day</u> Fish 'N' Chips with sustainable fish or Steak Pie	Lemon Chicken Thighs	<u>BRUNCH</u>  Sausage, Bacon, Eggs, Baked Beans, Hash Brown, Mushrooms, Tomatoes  <u>SUNDAY SNACK</u>  Chefs Hot Choice (from Pizza/Chicken Nuggets/Pasta Bar or Sausage Rolls)
<b>Main Counter</b>	Vegetable & Lentil Stew	Vegetable Sausages	Vegetable wrap	Buffalo Cauliflower Wings	Cheese and Red Onion Tart	Vegetable Lasagne	
<b>Pasta or Jacket Potato</b>	Pasta Bar with Tomato & Basil	Jacket Potato with Baked Beans & Cheese	Pasta Bar with Tomato & Basil	Jacket Potato with Baked Beans	Pasta Bar with Tomato & Basil & Cheese	Pasta Bar with Tomato & Basil	
<b>Seasonal Vegetables &amp; Potato</b>	Wild Rice, Broccoli Florets	Mashed Potato, Honey Glazed Carrots	Cheesy Half Jacket Sweetcorn	Rice, Green Beans	Skinny Chips, Baked Beans, Peas	New Potatoes, Garlic Bread, Green Beans	
<b>Fresh Salads</b>	Daily selection of a variety of Fresh Salad Pots						
<b>Fresh Fruit</b>	Banana / Satsuma / Fruit Pot						
<b>Cold Desserts</b>	Jelly Pots, Yoghurt Pots						
<b>Sweet Selection</b>	Peach Slices	Lemon Drizzle Cake	Caterham School Flapjack	Polenta cake with an Orange & Rosemary Syrup	Carrot Cake	Dessert Of The Day	

## Caterham School - Winter Term 1 – Supper Menu



	Monday	Tuesday.	Wednesday	Thursday	Friday	Saturday	Sunday
Main Counter	Chinese Pork with a Shredded Salad of Peppers and Onions	Grilled Chicken Burger Served in a Flour Bun	Classic Posh Dogs with Caramelised Onions and Potato Wedges	Beef Lasagne With Garlic Bread	Katsu Chicken, Served with a Mild Curry Sauce	<u>Pizza Night</u> Meat Feast, Ham, Pepperoni & Spiced Beef	<u>Sunday Style Roast</u> Roast Loin of Pork with Apple Sauce
Main Counter	Meatballs in a Puttanesca Sauce	Beef Burger Served in a Flour Bun	Chunky Filled Steak Pie	Roasted Jerk Chicken Leg	Honey Mustard Pork Chop	<u>Pizza Nights</u> Spiced Chicken Wings	-----
Main Counter	Pumpkin Risotto	Onion Bhaji Burger	Stuffed Sweet Potato Jacket	Ravioli with Tomato Sauce	Chinese Vegetable Spring Rolls	<u>Pizza Night</u> Veggie Delight	Vegetable Wellington
Pasta Bar	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil
Seasonal Vegetables & Potatoes	Noodles, Roasted Vegetables	Skinny fries, Sweetcorn, Coleslaw	Oven Baked Potato wedges, Baked Beans	Rice, Minted Peas, Garlic Bread	Noodles, Oven Baked Sesame Broccoli	Half Jacket, Onion Rings, Corn on the Cob	Roast Potato, Parsnips & Carrots, Minted Peas, Yorkshire Pudding
Fresh Fruit & Cold Desserts	<b>Fresh Salad Pots</b> <b>Jelly Pots, Yoghurt Pots</b> <b>Popcorn or Fruit Pots</b>						
Sweet Selection	Rice Krispy Crunch	Apple Pie with Cream	Chocolate Brownie	St Clements Cake	Doughnuts	Dessert Of The Day	Dessert Of The Day

## Caterham School – Winter Term 2 – Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Counter	Beef Bolognese	Chicken Burger with Iceberg Lettuce	Sweet & Sour Pork	Roast Herb Chicken Breast	<u>Its 'Fry' Day</u> Fish 'N' Chips with sustainable fish or Jumbo Sausage	Louisiana Pork Chops	<u>BRUNCH</u>  Sausage, Bacon, Eggs, Baked Beans, Hash Brown, Mushrooms, Tomatoes
Main Counter	Vegetable & Lentil Bolognese	Five Bean Burger	Stuffed Peppers	Butternut Squash Risotto	Cheese & Onion Slice	Vegetable Moussaka	
Pasta or Jacket Potato	Jacket Potato with Baked Beans & Cheese	Pasta with Tomato & Basil Sauce	Jacket Potato with Baked Beans	Pasta with Tomato & Basil Sauce & Cheese	Jacket Potato with Baked Beans	Pasta Bar with Choice of Sauces	
Seasonal Vegetables & Potato	Pasta, Cauliflower, Peas	Loaded Jacket Half, Sweetcorn	Oriental Noodles, Broccoli with Pumpkin Seed	Roast New Potato, Carrots & Kale	Chunky Chips, Peas, Baked Beans	Dirty Rice, Potato, Green Beans	
Fresh Salads	Daily selection of a variety of Fresh Salad Pots						<u>SUNDAY SNACK</u>  Chefs Hot Choice (from Pizza/Chicken Nuggets/Pasta Bar or Sausage Rolls)
Fresh Fruit	Banana / Satsuma / Melon Pot						
Cold Desserts	Jelly Pots, Yoghurt Pots						
Sweet Selection	Blueberry Sponge	Glazed Doughnut Ring	Orange Cake	Spiced Pineapple Chunks	Cookies	Dessert Of The Day	

## Caterham School - Winter Term 2 - Supper Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Counter	Salt & Pepper Chicken Drumsticks	Scandinavian Trout	Chicken Fajita	Beef Stew & Dumplings	Pork Escalope	Yakatori Chicken Burger	Carbonara
Main Counter	Teriyaki Pork	Chargrilled Pesto Chicken	Beef Stroganoff	Thai Chicken Curry	<u>Traditional Cottage Pie</u> Lean Minced Beef topped with Creamy Mashed Potato	<u>Classic American</u> Beef Burger with Cheese Topping	Spanish Meatballs
Main Counter	Roasted Basil Tofu with Oriental Noodle	Vegetable & Bean Stew with Crumbled Feta Cheese	Mushroom & Bean Stroganoff	Spring Rolls	Vegetable & Bean Fajita	Sweet Potato & Chickpea Burger	Quorn Bolognese
Pasta	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	-----
Seasonal Vegetables & Potatoes	Chilli & Soy Broccoli, Udon Noodles, Oriental Broth	Crushed New Potato, Savoy Cabbage	Cous Cous, Wild Rice	Thai Jasmine Rice, Stir Fried Oriental Vegetables	Jacket Potato, Sautéed Onions, Re-fried Beans	Potato Wedges, Corn on the Cob	Spaghetti - Pasta, Broccoli
Fresh Fruit & Cold Desserts	<b>Fresh Salad Pots</b> <b>Jelly Pots, Yoghurt Pots</b> <b>Fruit Pot</b>						
Sweet Selection	Assorted Flavoured Muffins	Sticky Toffee Sponge	Berry Cheesecake	Carrot Cake	Beetroot & Chocolate Cake	Dessert Of The Day	Dessert Of The Day

## Caterham School – Winter Term 3 – Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Counter	Chicken Breast with Tomato Salsa	Chilli con Carne	Bratwurst Hotdog	Herb Roasted Chicken Thighs	<b>Its 'Fry' Day</b> Fish 'N' Chips with sustainable fish or Cornish Pasty	Chicken Korma With Mango Chutney & Naan Bread	<b>BRUNCH</b>  Sausage, Bacon, Eggs, Baked Beans, Hash Brown, Mushrooms, Tomatoes  <b>SUNDAY SNACK</b>  Chefs Hot Choice (from Pizza/Chicken Nuggets/Pasta Bar or Sausage Rolls)
Main Counter	Vegetable & Bean Enchilada	Lentil & Vegetable Bolognese	Veggie Dog	Mushroom Ravioli in a Parmesan Cream Sauce	Vegetable Pasty	Chickpea & Lentil Dhal	
Pasta or Jacket Potato	Pasta with Tomato & Basil Sauce & Cheese	Jacket Potato with Baked Beans	Pasta with Tomato & Basil Sauce	Jacket Potato with Baked Beans & Cheese	Pasta with Tomato & Basil Sauce	Pasta with Tomato & Basil Sauce	
Seasonal Vegetables & Potatoes	Rice, Cumin Cabbage & Peas	Rice, Steamed Broccoli	Sweet Potato Fries, Sweetcorn	New Potatoes, Cauliflower Florets	Chunky Chips, Baked Beans, Peas	Rice, Assorted Sides, Naan Breads, Mash Potato, Carrots	
Fresh Salads	Daily selection of a variety of Fresh Salad Pots						
Fresh Fruit	Banana / Satsuma / Melon Pot						
Cold Desserts	Jelly Pots, Yoghurt Pots						
Sweet Selection	Apple Cake	Pear Halves	Chocolate Chip Sponge	Pumpkin Cake	Flapjack	Dessert Of The Day	

## Caterham School – Winter Term 3 – Supper Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Counter	Herb Roasted Chicken Leg	Breaded Pork Escalope	Spanish Chicken with Chorizo	<u>Fully Loaded Pizza</u> Pepperoni, Ham, Chicken & Peppers	Honey Glazed Pulled Pork served on Flatbread	Lamb & Cabbage Stew	Chicken Chasseur (thighs)
Main Counter	Classic French Beef Bourguignon	Tandoori Chicken on flatbread with Mango Chutney & Mint Yoghurt	Lamb Tagine With Cous Cous	Chicken Dippers with Ketchup and Mayonnaise	Chilli Beef and Bean Nacho's with Cheese Sauce and Jalapenos	Swedish Meatballs with a Creamy Gravy	Hot Carved Gammon
Main Counter	Stuffed Peppers	Aubergine, Potato and Goats Cheese Gratin	Risotto	<u>Loaded Pizza</u> Red Onion, mixed Peppers and Olives	Mexican Bean Wrap	Swedish style Quorn Balls in a Creamy Gravy	Baked Aubergine and Spinach
Pasta	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil	Pasta Bar with Tomato & Basil
Seasonal Vegetables & Potatoes	Thyme and Garlic Potatoes, Roasted Carrot & Peas	Potato Wedges, Cauliflower	Olive New Potato, Tomato Salsa, Guacamole	Onion Rings, Corn on the Cob	Indian Rice, Roasted Vegetables	Garlic Mash, Creamy Cabbage, Sweetcorn	Boiled Parsley Potato, Green Beans
Fresh Fruit & Cold Desserts	<b>Fresh Salad Pots</b> <b>Jelly Pots, Yoghurt Pots</b> <b>Fruit Pot</b>						
Sweet Selection	Gateau Selection	Chocolate Chip Sponge	Fresh Fruit Salad	Cheesecake	Chocolate Mousse	Dessert Of The Day	Dessert Of The Day