



Term-time Sports Centre Opening Hours

Fitness Suite

Monday-Friday	Morning	Evening
	6.15-07.15	17.15-18.15
	07.40-08.40	18.40-19.40
		20.00-21.00
Weekends	Morning	Afternoon
	9.00-10.00	13.00-14.00
	10.20-11.20	14.20-15.20
	11.40-12.40	15.40-16.40

Pool

Bookings in red, pool closed to members- Swimming Academy will run from 7 June – 11 July

Monday	Morning – Lane Swim Only	Evening – Lane Swim Only
	06:00-06:35	Swim Academy 4-6pm
	07:05-07:40	18:05-18:40
	08:10-08:45	Club Swim 7-8.30pm
		20:45-21:20
Tuesday	Morning – Lane Swim Only	Evening – Lane Swim Only
	06:00-06:35	17:00-17:35
	School Swimming from 6.45am	18:05-18:40
		19:10-19:45
		20:15-20:50
Wednesday	Morning – Lane Swim Only	Evening – Lane Swim Only
	06:00-06:35	17:00-17:35
	07:05-07:40	18:05-18:40
	08:10-08:45	Club Swim 7-8.30pm
Thursday	Morning – Lane Swim Only	Evening – Lane Swim Only
	06:00-06:35	Swim Academy 4-6pm
	School Swimming from 6.45am	18:05-18:40
		Club Swim 7-8.30pm
		20:45-21:20
Friday	Morning – Lane Swim Only	Evening – Lane Swim Only
	06:00-06:35	School Swim 4.15-5.30pm
	School Swimming from 6.45am	18:05-18:40
		19:10-19:45
		20:15-20:50
Saturday	Family Swim & Adult Swim	
	09:15 – 10.00	14:15 – 14.50
	10.30 – 11.15	15.15 – 15.50
	11.45 – 12.30	16.15 – 16.50
	13.05 – 13.50	
Sunday	Family Swim & Adult Swim	
	Swim Academy 9:00-11:45	15:40 -16:15
	Club Swim 12:00-15:30	16:30 – 17:00