



Breakfast Menu – Autumn Term - Week A

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juice Bar	Orange, Apple or Pineapple						
Hot Drinks	Selection of Teas, Coffee & Hot Chocolate made daily						
Cereals	Caterham’s own Muesli, Weetabix, Cornflakes, Coco Pops & Shreddies served with Chilled Semi Skimmed Milk Porridge						
Hot or Continental Breakfast	Warm Croissants Boiled Eggs	American Pancakes with Crispy Bacon and Maple Syrup	Breakfast Pastries Boiled Eggs Or Guest Breakfast	Butchers Sausages Hash Browns Baked Beans	Filled Croissant French Toast	Waffles with Maple Syrup Scrambled Eggs	Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Tomato Baked Beans
Yoghurt Bar	Natural Yoghurt with a Selection of Toppings. Seeds, Apricots, Banana chips and Sultanas						
Fruit pots	Cut Fruit						
Toast & Preserves	Fresh Toast, Artisan Breads, served with Preserves						



Breakfast Menu - Autumn Term - Week B

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juice Bar	Orange, Apple or Pineapple						
Hot Drinks	Selection of Teas, Coffee & Hot chocolate made daily						
Cereals	Caterham's own Muesli, Weetabix, Cornflakes, Coco Pops & Shreddies served with Chilled Semi Skimmed Milk Porridge						
Hot or Continental Breakfast	Breakfast Pastries With Continental Ham & cheese	Grilled Sausages Baked Beans Scrambled Eggs	Waffles with Chocolate Sauce or Berry Compote Boiled Eggs Or Guest Breakfast	Grilled Bacon Hash Browns Grilled Tomatoes Scrambled Egg	Cheese & Ham Croissant Boiled Eggs	Waffles with Maple Syrup & Eggs	Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Tomato Baked Beans
Yoghurt Bar	Natural Yoghurt with a Selection of Toppings. Seeds, Apricots, Banana Chips and Sultanas						
Fruit pots	Cut Fruit						
Toast & Preserves	Fresh Toast, Artisan Breads, Served with Preserves						



Lunch Menu - Autumn Term - Week 1 (6/9, 27/9)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Tomato & Red Pepper	Carrot & Coriander	Butternut Squash	Mushroom	Parsnip & Apple	Soup of the Day	<p>BRUNCH</p> <p>Sausage Bacon Eggs Baked Beans Hash Brown Mushrooms Tomatoes</p> <p>SUNDAY SNACK</p> <p><i>(Delivered to Houses)</i></p> <p>Selection of Sandwiches</p> <p>Crisps</p> <p>Cake Bar</p>
Main Counter	Roast Chicken With a Tomato & Bean sauce	Beef Bourguignon	Mac & Cheese Topped with BBQ Chicken	Bratwurst Hot Dog with Fried Onion	Breaded Pollock using Sustainable Fish	Turkey Fajitas	
Main Counter	Neapolitan Pasta	Bean & Lentil Cassoulet	Mac & Cheese Topped with Crispy Cauliflower	Butternut Corn & Avocado Taco Shell	Battered or Plain Sausage	Sizzling Bean Fajitas	
Streetwise	Pulled Pork Pitta Crunchy Slaw Chilli Sauce or Mayo	Chicken served in Flatbread with Lettuce & Mint Yoghurt	Baked Gammon Pineapple Salsa Roast New Potato Cabbage & Peas	Shepherd's Pie Roasted Vegetables Onion Gravy	Cheese & Red Onion Tart	Pico De Gallo Guacamole Grated Cheese	
Pasta	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	
Jacket Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese		
Seasonal Vegetables & Potato	Herby New Potatoes Mediterranean Broccoli & Peppers	Braised Rice Roasted Carrots	Garlic Bread Crispy Onion	Sweet Potato Fries Sweetcorn	Chips Baked Beans Garden Peas Lemon Wedges Tartar Sauce	Rice Roasted Sweetcorn & Peppers	
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	Fresh Cut Fruit						
Cold desserts	Jelly, Yoghurt or Popcorn Pots.						
Sweet Selection	Peach Shortcake Crumble with Custard	Carrot Cake	Chocolate Coconut Jam Sponge Custard	Rice Pudding Assorted Toppings	Chocolate chip Cookies	Dessert of the Day	



Supper Menu - Autumn Term - Week 1 (6/9, 27/9)

	Monday	Tuesday.	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Tomato & Red Pepper	Carrot & Coriander	Butternut Squash	Mushroom	Parsnip & Apple	Soup of the Day	Soup of the Day
Main counter	Spaghetti & Meatballs in a Tomato Sauce Garlic Bread	Roasted Chicken With a Minted Cucumber Yoghurt	<u>Pizza Night</u> Pepperoni Pizza	Panko Chicken Katsu Curry Noodle Pots	<u>Build a Burger</u> Char Grilled Beef Burger	Lasagne served with Garlic Bread	Herb Roasted Chicken Leg
Main counter	Cajun Beef Chilli & Beans	Moroccan Lamb Tagine	Sticky BBQ Chicken Wings	Braised Beef Pie	Char Grilled Chicken Burger Crispy Onion	-----	Honey Glazed Roasted Gammon
Main Counter	Sweet Potato & Carrot Falafel with Sour Cream	Butternut Steak & Harissa Tagine	Veggie Supreme Pizza	Bean & Mushroom Stroganoff	Sweet Potato & Bean Burger	Vegetable Lasagne	Cauliflower Cheese
Pasta Bar	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce
Seasonal Vegetables & Potatoes	Mexican Rice Charred Corn Nachos Guacamole	Pomegranate Cous Cous Mediterranean Roasted Vegetables Warm Pitta Bread	Garlic & Herb Potato Wedges Garlic Dough Balls Panzanella Salad	Mashed Potato Garlic Roasted Broccoli Pickled Radish Slaw	Sweet Potato Fries Sweetcorn Onion Rings Mixed Leaf Sliced Tomato Coleslaw Crispy Onion Sliced Cheese	Garlic Bread Mediterranean Roasted Vegetables Salad bar	Roast Potato Parsnips & Carrots Garden Peas Yorkshire Pudding Onion Gravy
	Seasonal Salad Selection Jelly, Yoghurt & Popcorn Pots						
Sweet Selection	Eton Mess	Syrup Sponge with Custard	Glazed Doughnut	St. Clements Cake	Cheesecake Pot Topped with Fruit	Dessert of the Day	Dessert of the Day



Lunch Menu - Autumn Term - Week 2 (13/9, 4/10)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Sweetcorn Chowder	Leek & Potato	Tomato	Broccoli	Red Lentil	Soup of the Day	<p>BRUNCH</p> <p>Sausage Bacon Eggs Baked Beans Hash Brown Mushrooms Tomatoes</p> <p>SUNDAY SNACK</p> <p><i>(Delivered to Houses)</i></p> <p>Selection of Sandwiches</p> <p>Crisps</p> <p>Cake Bar</p>
Main Counter	Bangers & Mash	Malvani Chicken Curry	Traditional Beef Lasagne	Roasted Chicken Served with Gravy	Breaded Pollock using Sustainable Fish	Grilled Chicken Pea Risotto	
Main Counter	Quorn Sausage with Vegetable Toad in the Hole	Roasted Aubergine & Tomato Curry	Mediterranean Vegetable Lasagne	Quorn Katsu Curry	Baked Stuffed Peppers	-----	
Streetwise	Beef Kofta Flatbread Pickled Cabbage Tzatziki Dressing	Giant Sausage Roll With Potato Wedges and Baked Beans	BBQ Pulled Chicken Pancake with Charred Cajun Corn	Four Cheese Ravioli	Beef & Veg Pie New Potato Garden Peas Gravy	Butternut & Sage Risotto	
Pasta	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	-----	
Jacket Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese		
Seasonal Vegetables & Potato	Mashed Potato Broccoli Onion Gravy	Pilau Rice Chana Saag (spinach/chick pea/Green Beans)	Garlic Bread Sweetcorn	Oriental Noodles Stir Fried Greens Prawn Crackers Sweet Chilli	Chips Baked Beans Garden Peas Lemon Wedges	Roasted Cherry Tomato & Pepper Garlic Bread Parmesan	
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	Fresh Cut Fruit						
Cold desserts	Jelly, Yoghurt or Popcorn Pots						
Sweet Selection	Peach Slices with Honey Yoghurt	Lemon Drizzle	Flapjack	Marble Cake with Chocolate Sauce	Apple Pie with Custard	Dessert of the Day	



Supper Menu - Autumn Term - Week 2 (13/9, 4/10)

	Monday	Tuesday.	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Sweetcorn Chowder	Leek & Potato	Tomato	Broccoli	Red Lentil	Soup of the Day	Soup of the Day
Main counter	Beef Burrito	Shredded Pork in Steamed Bao Buns	Herb Roasted Chicken Leg	Beef Stew & Dumplings Mashed Potato	Pork chop Served with Stuffing and Gravy	Deep South Turkey Burger Kansas City BBQ Beef Burger	Herby Roasted Chicken Thigh
Main counter	Chicken strips served in Soft Taco Shell	Vietnamese Chilli & Lime Beef	Pork & Chorizo Jambalaya Freshly Baked Cornbread	Thai Green Chicken Curry	Lamb, Pea & Potato Keema Flatbread with Mango Chutney	Iceberg Lettuce Sliced Tomato Coleslaw Sliced Cheese Crispy Onion Crispy Bacon	Cajun Pork Chop with Honey Mustard
Main Counter	Vegetable & Bean Burrito	Five Spiced Cauliflower Bao Buns	Piri Piri Squash & Haloumi	Tofu & Spinach Curry	Baharat Cauliflower & Aubergine Skewer	Carrot, Sweet Potato & Haloumi Rosti	Cheesy Leek Stuffed Jacket Skins
Pasta Bar	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce
Seasonal Vegetables & Potatoes	Mexican Rice Charred Corn Salsa Guacamole Sour Cream	Oriental Noodles Wok Fried Vegetables	Roasted Sweet Potato Minted Peas	Jasmine Rice Garlic Broccoli Roasted Carrot	Crispy Thyme Potato Green Beans	Baked Cajun Wedges Onion Rings Corn on the Cob	New Potatoes Sautéed Cabbage Gravy
	Seasonal Salad Selection Jelly, Yoghurt & Popcorn Pots						
Sweet Selection	Key Lime Pie & Mango Pot	Chocolate Rice Crispy Crunch	Apple Pie Custard	Rocky Road	Banoffee Pie	Dessert of the Day	Dessert of the Day



Lunch Menu - Autumn Term - Week 3 (20/9, 11/10)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Butternut & Coriander	Courgette & Pea Pesto	Tomato & Basil	Spicy Parsnip	Sweet Potato & Carrot	Soup of the Day	<p>BRUNCH</p> <p>Sausage Bacon Eggs Baked Beans Hash Brown Mushrooms Tomatoes</p> <p>SUNDAY SNACK</p> <p><i>(Delivered to Houses)</i></p> <p>Selection of Sandwiches</p> <p>Crisps</p> <p>Cake Bar</p>
Main Counter	Chicken Burger	Beef Bolognese	Fish Finger Wrap	Sweet & Sour Pork	Breaded Pollock using Sustainable Fish	Roasted Chicken legs	
Main Counter	Bean Burger	Quorn Bolognese	Valencian Seafood Paella	Pancake roll with Sweet chilli sauce	Falafel Wrap with Yoghurt dressing	Feta and Potato Frittata	
Streetwise	Mandarin BBQ Pork Oriental Noodles Stir Fried Greens	Chicken Poutine Sweet Potato Fries Cheese Gravy	Chilli con Carne Wild Rice Nachos/Taco Guacamole Pico De Gallo	Shredded Beef Brisket Wrap	Meatball Sub with Marinara Sauce	-----	
Pasta	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	
Jacket Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese		
Seasonal Vegetables & Potato	Warm Potato Salad Minted Peas Crunchy Slaw	Penne Pasta Broccoli Garlic Bread	Herby Wedges Sweetcorn & Peppers	Rice Wok Tossed Vegetables Prawn Crackers	Chips Baked Beans Garden Peas Lemon Wedges Tartar Sauce	Sweet Potato Mash Peas	
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	Fresh Cut Fruit						
Cold desserts	Jelly, Yoghurt or Popcorn Pots.						
Sweet Selection	Jam & Coconut Sponge with Custard	Banana & Apricot Flapjack	Apple & Blackberry Crumble & Custard	Orange Polenta Cake with Vanilla Yoghurt	Chocolate Brownie	Dessert of the Day	



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	Monday	Tuesday.	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Butternut & Coriander	Courgette & Pea	Tomato & Basil	Spicy Parsnip	Sweet Potato & Carrot	Soup of the Day	Soup of the Day
Main counter	Shredded Pork in a Steamed Bao Bun	New Yorker Urban Hot Dog	Beef Lasagne	Salmon with a Olive and Red Pepper Sauce served on Tagliatelle	Tandoori Chicken Chapatti Pickled Cabbage Mango Chutney Minted Yoghurt	<u>Ramen Bar</u> Donburi Pork Char Grilled Chicken Spring Rolls Prawn Crackers	Carbonnara
Main counter	Chilli Beef and Bean Nacho's with Cheese Sauce and Jalapenos	Beef Stroganoff	Twice Cooked Pork with Spiced Apple Sauce	Four Cheese Ravioli	Shepherds Pie	Char Grilled Quorn & Soft Boiled Egg	Spanish Meatballs
Main Counter	Five Spiced Cauliflower	Cheesy Leek Pie	Shepherdess Pie	Grilled Halloumi with Slow Roast Tomatoes & Basil	Cauliflower & Chickpea Massala	Chicken Caesar Salad	Quorn Bolognese
Pasta Bar	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce
Seasonal Vegetables & Potatoes	Oriental Vegetable Noodles Steamed Broccoli	Sweet Potato Fries Cajun Corn on the Cob Rice	Roast Potato Honey Roast Carrots & Peas Gravy	Tagliatelle Cos Lettuce Boiled Egg Croutons French Beans Warm Potato Salad	Pilau Rice Saag Aloo Onion Bhaji Poppadums Mango Chutney Raita	Oriental Noodles Ni Hao Broth Shredded Carrot Broccoli Pak Choi Shredded Asian Slaw	Spaghetti Garlic Bread Sweetcorn
	Seasonal Salad Selection Jelly, Yoghurt & Popcorn Pots						
Sweet Selection	Frosted Carrot Cake	White Chocolate & Raspberry Blondie	Fruit Salad	Mango Fool	Chocolate Cheesecake	Dessert of the Day	Dessert Of The day