



Breakfast Menu - Spring - Week A

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juice Bar	Orange, Apple or Pineapple						
Hot Drinks	Selection of Teas, Coffee & Hot Chocolate made daily						
Cereals	Caterham's own Muesli, Weetabix, Cornflakes, Coco Pops & Shreddies served with Chilled Semi Skimmed Milk Porridge						
Hot or Continental Breakfast	Warm Croissants Boiled Eggs	American Pancakes with Crispy Bacon and Maple Syrup	Breakfast Pastries Boiled Eggs Or Guest Breakfast	Butchers Sausages Hash Browns Baked Beans	Cheese & Ham Croissant French Toast	Grilled Bacon Potato waffles Scrambled Eggs	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Tomato Baked Beans
Yoghurt Bar	Natural Yoghurt with a Selection of Toppings. Seeds, Apricots, Banana chips and Sultanas						
Fruit pots	Cut Fruit						
Toast & Preserves	Fresh Toast, Artisan Breads, served with Preserves						



Breakfast Menu - Spring - Week B

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juice Bar	Orange, Apple or Pineapple						
Hot Drinks	Selection of Teas, Coffee & Hot chocolate made daily						
Cereals	Caterham's own Muesli, Weetabix, Cornflakes, Coco Pops & Shreddies served with Chilled Semi Skimmed Milk Freshly cooked hot porridge oats with a selection of toppers to include sultanas, raisins, banana chips, honey & maple syrup						
Hot or Continental Breakfast	Breakfast Pastries With Continental Sliced Meats Cheese	Grilled Sausages Baked Beans Scrambled Eggs	Waffles with Chocolate Sauce Berry Compote Boiled Eggs Or Guest Breakfast	Grilled Bacon Hash Browns Scrambled Egg	Cheese & Ham Croissant Boiled Eggs	Grilled Bacon Potato waffles Scrambled Eggs	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Tomato Baked Beans
Yoghurt Bar	Range of freshly made Greek & flavoured Yoghurts with fresh & Dried fruit toppers						
Fruit pots	Cut Fruit of Melon Pineapple or Orange quarters						
Toast & Preserves	Fresh Toast, Artisan Breads, Served with Preserves						



Lunch Menu - Spring Term - Week 1 (03/01-24/01)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Tomato & Red Pepper	Carrot & Coriander	Butternut Squash	Mushroom	Parsnip & Apple	Soup of the Day	<p><u>Full English Brunch</u></p> <p>Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Tomato Baked Beans</p> <p><u>SUNDAY SNACK</u></p> <p><i>(Delivered to Houses)</i></p> <p>Sandwiches</p> <p>Crisps</p> <p>Cake Bar or Cookie</p>
Main Counter	Lemon Spiced Piri Piri Chicken	Meatballs With Pasta & Grated Cheese	Lasagne with Garlic Bread	Thai Chicken Curry	Breaded Pollock using Sustainable Fish	Beef Bolognaise	
Main Counter	Spiced Cauliflower with Chickpea Sambal	Meatless Sausages	Four Cheese Ravioli	Thai Vegetable Curry	Battered or Plain Sausage	Veggie Bolognaise	
Streetwise	Beef Chilli with Half Jackets & Nachos/Guacamole	Grilled Cumberland Sausages with Onions	Fish Finger Wrap with Lettuce and Sauce	Glazed Gammon Steaks with Sweet Pineapple Chutney	Vegetable Samosas Served with Rice salad and Raita	-----	
Pasta	Tomato or Cheese Sauce	Tomato or Carbonara Sauce	Tomato or Meatball Sauce	Tomato or Cheese Sauce	Tomato or Sausage Sauce	Tomato Sauce	
Jacket Potato	Baked Beans & Cheese	Baked Beans or Tuna Pot	Baked Beans & Cheese	Baked Beans & Chicken Tikka Pot	Baked Beans & Cheese		
Sides	Cumin roasted Carrots Coconut Lime Rice	Mashed Potato Onion Gravy Baked Beans Peas	Herb Roast New Potato Sweetcorn	Rice New Potato Cabbage & Peas Prawn Crackers	Chips Baked Beans Curry sauce Garden Peas	Pasta Garlic Bread Broccoli	
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	Fresh Cut Fruit						
Cold desserts	Jelly, Yoghurt or Popcorn Pots.						
Sweet Selection	Apple Crumble served with Custard	Jamaican Ginger Cake	Fruit Served with Flavoured Yoghurt	Jam Sponge Served with Custard	Chocolate Cookie	Dessert of the Day	



Supper Menu - Spring Term - Week 1 (03/01-24/01)

	Monday	Tuesday.	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Tomato & Red Pepper	Carrot & Coriander	Butternut Squash	Mushroom	Parsnip & Apple	Soup of the Day	Soup of the Day
Main counter	Pork Schnitzel with Pepper Sauce	Garlic & Herb Chicken Thighs	Beef Bolognese	Noodle Bar Chicken Noodle with your choice of sauce	Beef Bourguignon	<u>Fake-Away Night</u> Pepperoni Pizza with a side Of Chicken Nuggets	Beef Stroganoff Served on a Bed of Tagliatelle
Main counter	Chicken with a Spanish Style Chorizo Sauce	Lamb Keema	Chicken Casserole with Boiled Potato	Fisherman's Pie	Cumberland Sausage	-----	Mixed Meat Paella
Main Counter	Vegetable & Quorn Jambalaya	Onion Bhaji with Chickpeas & Raita Dip	Baked Macaroni Cheese	Tofu Noodle Pot with your choice of sauce	Vegetable & Bean Stew with Mashed Potato	<u>Fake-Away Night</u> Margarita Pizza with a side of Veggie Nuggets	Mushroom Stroganoff served with Tagliatelle
Pasta Bar	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce
Seasonal Vegetables & Potatoes	Parsley Potato Roasted Vegetables	Rice Carrots & Kale	Pasta Garlic Bread Boiled Potato	Noodles Asian Broth or Coconut Cream Broccoli	Mashed Potato Steamed Carrots Cabbage	Potato Wedges Corn on the Cob Coleslaw or BBQ Beans	Roasted Vegetables Pasta Garlic Bites
	Seasonal Salad Selection Jelly, Yoghurt & Popcorn Pots						
Sweet Selection	Chocolate Brownie	Rice Pudding with Berry Compote	Glazed Doughnut	Fresh Fruit Salad with Cream	Stewed Cinnamon Apples with Custard	Ice-cream Calippo	Dessert of the Day



Lunch Menu – Spring Term – Week 2 (10/01-31/01)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Sweetcorn Chowder	Leek & Potato	Tomato	Sweet Potato & Lentil	Mixed Bean	Soup of the Day	<p>BRUNCH</p> <p>Sausage Bacon Eggs Baked Beans Hash Brown Mushrooms Tomatoes</p> <p>SUNDAY SNACK</p> <p><i>(Delivered to Houses)</i></p> <p>Selection of Sandwiches</p> <p>Crisps</p> <p>Cake Bar</p>
Main Counter	Moroccan Chicken Served with Cous Cous and Mint Yoghurt	Classic Chilli Dog With American Mustard & Onions	Shepherdess Pie with Rosemary & Garlic	Nigerian Beef Suya (Beef strips served in Flatbread with Hot Sauce)	Breaded Pollock using Sustainable Fish	Oriental Chicken Legs	
Main Counter	Vegetable Tagine	Veggie Dog With American Mustard & Onions	Sweet & Sour Stir Fry	Mixed Bean Casserole	Steak Pie Or Cheese slice	Vegetable Spring Rolls	
Streetwise	Fishcake served with Tartar Sauce & Peas	Turkey & Leek Pie with Mashed Potato	Dhansak Curry with rice Poppadoms & Sides	Chicken Fricassee	-----	-----	
Pasta	Tomato or Cheese Sauce	Tomato or Meatball Sauce	Tomato or Cheese Sauce	Tomato or Carbonara Sauce	Tomato or Cheese Sauce	Tomato Sauce	
Jacket Potato	Baked Beans & Cheese	Baked Beans or Tuna Pot	Baked Beans & Cheese	Baked Beans or Chicken Tikka	Baked Beans & Cheese		
Seasonal Vegetables & Potato	Lemon Cous Cous Roasted Carrot	Potato Wedges Mashed Potato Broccoli Sweetcorn	Green Beans Cauliflower Noodles Mango Chutney	Wild Rice Parsley Potato Minted Peas	Chips Baked Beans Curry sauce Garden Peas	Sweet Chilli Sauce Broccoli	
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	Fresh Cut Fruit						
Cold desserts	Jelly, Yoghurt or Popcorn Pots						
Sweet Selection	Pear Sponge With Custard	Orange & Polenta Cake	Rice pudding	Peaches With Vanilla Yoghurt	Sticky Toffee Pudding with Custard	Dessert of the Day	



Supper Menu - Spring Term - Week 2 (10/01-31/01)

	Monday	Tuesday.	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Sweetcorn Chowder	Leek & Potato	Tomato	Broccoli	Red Lentil	Soup of the Day	Soup of the Day
Main counter	Meatballs With Pasta & Grated Cheese	Tandoori Chicken Legs	Beef Lasagne With Garlic New Potato	Pulled Pork served in a Bao Bun	Chicken Wings Skinny Fries Topped with cheese	<u>Fake-away Night</u> Lamb Wrap With Cabbage/Onion and Chilli Sauce	Katsu Chicken
Main counter	Pasta with Carbbonara Sauce	Pork Loin Cutlet with New Potato & Gravy	Fish finger wrap With Lettuce and Sauce	Roast Chicken With an oriental sauce	Hot Dog With Onions and Cheese Sauce	<u>Fake-Away Night</u> Chicken Skewer Wrap With Cabbage/Onion and Chilli Sauce	Beef Burrito with Nacho crumb
Main Counter	Pasta with Creamed Leek & Cheese Sauce	Vegetable Taco's With Pico de Gallo	Vegetable Lasagne with Garlic New Potato	Mushroom Ravioli with a cream sauce	Pulled Jackfruit n Fries Topped with cheese	<u>Fake-Away Night</u> Veggie Wrap With Cabbage, Onion and Chilli Sauce	Veggie Burrito with Nacho crumb
Pasta Bar	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce	Tomato Sauce
Seasonal Vegetables & Potatoes	Grated Cheese Garlic Dough Balls	New Potato Spiced Rice Aloo Gobi	Garlic New Potato Salad Bar	Noodles Vegetables	Potato Wedges Baked Beans Sweetcorn	Seasoned Fries Salad Bar	Boiled Rice Spring Greens
	Seasonal Salad Selection Jelly, Yoghurt & Popcorn Pots						
Sweet Selection	Tiramisu Pots	Chocolate Cake Chocolate Sauce	Flapjack	St Clements Cake With Yoghurt	Berry Cheesecake	Jam Doughnut	Dessert of the Day



Lunch Menu - Spring Term - Week 3 (17/01- 07/02)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Tomato & Red Pepper	Carrot & Cumin	Jamaican Bean	Sweet Potato	Tomato	Soup of the day	Soup of the day
Main Counter	Beef Bolognese served with Garlic Bread	Beef Burger With Lettuce and Burger Sauce	Meatballs in a Tomato Sauce with Pasta	Cajun Pulled Pork & Coleslaw served in a Brioche Roll	Breaded Pollock using Sustainable Fish	Beef Chilli Con carne	<p>BRUNCH</p> <p>Sausage Bacon Eggs Baked Beans Hash Brown Mushrooms Tomatoes</p> <p>SUNDAY SNACK</p> <p><i>(Delivered to Houses)</i></p> <p>Selection of Sandwiches</p> <p>Crisps</p> <p>Cake Bar</p>
Main Counter	Meatless Bolognese	Jackfruit Burger Served in a Brioche Bun and Burger sauce	Veggie Burger With Mozzarella Cheese	Mint & Pea Parmesan Arancini Cake	Giant Pork Sausage or Veggie Sausage Roll	Vegetarian Chilli	
Streetwise	Sweet & Sour Style Chicken Leg	Chicken & Leek Pie with Potato & Cauliflower	Mediterranean Roast Chicken Breast	Cottage Pie with Gravy	New Deli Choose your filling to go in a Crusty Ciabatta Roll	-----	
Pasta	Tomato or Cheese Sauce	Tomato or Sausage Sauce	Tomato or Cheese Sauce	Tomato or Carbonara Sauce	Tomato or Cheese Sauce	Tomato Sauce	
Jacket Potato	Baked Beans & Cheese	Baked Beans or Tuna Pot	Baked Beans & Cheese	Baked Beans or Chicken Tikka Pot	Baked Beans & Cheese		
Seasonal Vegetables & Potato	Pasta Garlic Bread Broccoli Chinese Style Rice	Potato Cauliflower Potato Wedges Sweetcorn	Pasta Steamed Carrots & Glazed Red Onion	Herbed Potatoes Green Beans Peas	Chips Baked Beans Curry sauce Garden Peas	Rice Nachos & Jalapeno Steamed Broccoli	
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	Fresh Cut Fruit						
Cold desserts	Jelly, Yoghurt or Popcorn Pots.						
Sweet Selection	Jam & Coconut Sponge with Custard	Fruit filled Flapjack	Apple & Blackberry Crumble & Custard	Orange Polenta Cake with Vanilla Yoghurt	Chocolate Brownie	Dessert of the Day	



Supper Menu - Spring Term - Week 3 (17/01- 07/02)

	Monday	Tuesday.	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With fresh Bread	Butternut & Coriander	Courgette & Pea	Tomato & Basil	Spicy Parsnip	Sweet Potato & Carrot	Soup of the Day	Soup of the Day
Main counter	Chicken Wrap With Mint Raita And Mango Chutney	Southern Fried Chicken	<u>Pizza Night</u> Pepperoni Pizza	Oriental Chicken Drumsticks with Egg fried Rice	Chicken Korma	<u>Fake-Away Night</u> Piri Piri Lemon & Chicken Burger	Roast Gammon served with Yorkshire puddings and Gravy
Main counter	Roast Gammon Steak with Salsa	Beef Chilli con Carne	BBQ Spiced Chicken Wings	Lime & Chilli Beef	Shepherds Pie	<u>Fake-Away Night</u> Veggie Burger with Onion Relish	Vegetable Wellington
Main Counter	Vegetable Tagine with Cous Cous	Stuffed Aubergine topped with Grilled cheese	Vegetarian Pizza	Fried Oriental Tofu with Vegetable Rice	Onion Bhaji with Lentil Curry	<u>Fake-Away Night</u> Beef Burger Served in a bun With Lettuce and burger sauce	Roast Chicken with Yorkshire Puddings and Gravy
Pasta Bar	Tomato	Tomato	Tomato	Tomato	Tomato	Tomato	Tomato
Seasonal Vegetables & Potatoes	Roast Vegetables Egg Noodles	Jacket Halves Steamed Broccoli Sweetcorn	Potato Wedges Corn on the Cob Coleslaw	Stir fry Vegetables Egg Fried Rice	Vegetable Fried Rice & Carrots Gravy	Cajun Potatoes Sweetcorn Coleslaw	Roast Potato Cauliflower Cheese Peas & Gravy
	Seasonal Salad Selection Jelly, Yoghurt & Popcorn Pots						
Sweet Selection	Berry Cheesecake	Syrup Sponge Custard	Raspberry & White Chocolate Cookies	Banana Banoffee Pots	Chocolate Muffin	Dessert of the Day	Dessert Of The day