

Breakfast Menu - Week A

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juice Bar	Orange, Apple, or Pineapple Juice,						
Hot Drinks	Selection of Teas, Coffee & Hot Chocolate						
Cereals	Muesli, Special K, Frosties, Weetabix, Cornflakes, Coco Pops served with Chilled Semi Skimmed Milk, Oat, or Soya Milk Porridge						
Hot or Continental Breakfast	Waffles with Chocolate Sauce Maple Syrup Berry Compote Boiled Eggs x 2 Breakfast Smoothie	Breakfast Egg Fried Rice Boiled Eggs x 2 Breakfast Smoothie	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Tomato Baked Beans	American Pancakes with Berry Compote Chocolate Sauce Boiled Eggs x 2 Breakfast Smoothie	Cheese & Ham Croissant Cheese & Tomato Croissant Breakfast Smoothie	Crushed Avocado on Toasted Sourdough with Poached Eggs Warm Croissant with Continental Sliced Meats Cheese	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Scrambled Egg Mushrooms Tomato Baked Beans
Yoghurt Bar	Natural Yoghurt with a Selection of Toppings: Sunflower Seeds, Apricots, Dried Banana, Sultanas, Pumpkin Seeds						
Fruit Pots	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments						
Toast & Preserves	Fresh Toast White Bloomer, Wholemeal Bloomer, served with Preserves: Strawberry Jam, Raspberry Jam, Honey						

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Juice Bar	Orange, Apple, or Pineapple Juice,						
Hot Drinks	Selection of Teas, Coffee & Hot Chocolate						
Cereals	Muesli, Special K, Frosties, Weetabix, Cornflakes, Coco Pops served with Chilled Semi Skimmed Milk, Oat, or Soya Milk Porridge						
Hot or Continental Breakfast	Bacon & Egg Baguette Quorn Sausage Baguette with a selection of sauces	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Tomato Baked Beans	Waffles with Chocolate Sauce Maple Syrup Berry Compote Boiled Eggs x 2 Breakfast Smoothie	Eggs Benedict Toasted Muffin Poached Egg & Hollandaise Sauce Breakfast Smoothie	Cinnamon Rolls Boiled Eggs x 2	French Toast with Greek yogurt & Berries Breakfast Smoothie	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Scrambled Egg Mushrooms Tomato Baked Beans
Yoghurt Bar	Natural Yoghurt with a Selection of Toppings: Sunflower Seeds, Apricots, Dried Banana, Sultanas, Pumpkin seeds						
Fruit Pots	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments						
Toast & Preserves	Fresh Toast White Bloomer, Wholemeal Bloomer, served with Preserves: Strawberry Jam, Raspberry Jam, Honey						



Lunch Menu – Spring Term – Week 1 (08/01, 29/01)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day	<u>Full English Brunch</u> Grilled Sausage Streaky Bacon Hash Browns Scrambled Egg Mushrooms Tomato Baked Beans
Main Counter	Roast Chicken Leg, Roast Potatoes Sage & Onion Stuffing Yorkshire puddings Gravy	Lamb Keema Basmati rice Naan Bread Mango chutney	Beef Cobbler with Mashed Potato	Katsu Chicken & Katsu sauce With Jasmine Rice	Breaded Fish & Chip Shop Chips With Tartar Sauce, Lemon wedge	Chorizo & Prawn Pasta Bake	
Main Counter	Pork Stroganoff with Steamed Rice	Spinach & Paneer curry with Basmati rice, Naan Bread & Mango chutney	Vegetarian Lancashire Hot Pot	Vegan Bolognaise with Penne Pasta	Steak & Ale Pie with Chip Shop Chips	Pulled BBQ Beef Brisket served. with Curly Fries	
Vegetarian	Meat Free Sausage Toad in the Hole Mashed Potato & Gravy	Vegetarian Moussaka	Katsu Cauliflower With Jasmine Rice	Spinach & Ricotta Cannelloni Garlic Dough Balls.	Griddled Halloumi & Roasted Pepper Wrap	Vegetable Lasagne Rocket Salad	<u>SUNDAY HOT SNACK</u> Chicken Nuggets & Chips Veggie Nuggets & Chips
Pasta	Italian Tomato Or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	
Jacket Potato Half Sweet Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	
Vegetables	Roasted Carrots Sweetcorn	Cauliflower Green Beans	Roast Swede Red Cabbage	Broccoli Steamed Leeks	Chip Shop Chips Garden Peas Steamed Corn	Broccoli Sautéed Cabbage	Baked Beans
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments, Whole Fruit, Banana, Apples, Oranges						
Cold Desserts	Jelly, Raspberry or Strawberry, Yoghurt Pots. Cold Dessert of the Day						
Sweet Selection	Double Chocolate Cookies	Homemade Apple crumble & custard	Peaches served with Greek Yoghurt	Homemade Reduced Sugar Lemon Drizzle	Homemade Chocolate Sponge & Cholate Sauce	Dessert of the Day	
							Dessert of the Day



Supper Menu – Spring Term – Week 1 (08/01, 29/01)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day
Main Counter	Rose Harissa Spiced Pork Chop with Herb Cous Cous	Hunters Chicken with Bacon	Vietnamese Pork Belly with Stir Fried Noodles & Sweet Chilli Dipping Sauce	Pulled Beef Brisket Wrap Sweet Potato Fries	Butter Chicken with Steamed Rice, Poppadom's & Mango Chutney	Beef Meatballs in a Basil Tomato Sauce with Herb Spaghetti	Sausage & Mash Onion Gravy
Main Counter	Beef Lasagne with Garlic Bread	Carbonara with a Spinach Rocket Parmesan Salad	Lamb Rogan Josh Pilau Rice Mango Chutney	Mexican Chicken Burrito	Slow Cooked Pork Ragu Penne Pasta	Pork Schnitzel Lyonnaise Potatoes	Southern Fried Chicken wrap with Cos lettuce, Sweet Chilli Mayo & New Potatoes
Vegetarian	Mushroom Lentil & Spinach Wellington With Sautéed Potato	Vegetarian Bolognese with Herb Spaghetti & Garlic Bread	Sweet Potato Tagine with Cous Cous	Plant Based Tikka Masala with Rice Naan Breads & Mint Yogurt	Enchilada Meatball Bake	Cheese, Leek & Potato Pie	Spinach and Ricotta Cannelloni
Pasta Bar	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce
Vegetables	Steamed Carrots Garden Peas	Steamed Broccoli Ratatouille	Sautéed Pak Choi Baby Sweetcorn	Sauteed Cabbage Roast Courgettes	Steamed Carrots Sweetcorn	Cauliflower Green Beans	Cabbage Sweetcorn
Cold Counter	Seasonal Salad Selection Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Doughnuts	Double Chocolate Cookie	Homemade Sticky Toffee pudding & custard	Lychees & Fruit Salad Pouring Cream	Homemade lemon Cheesecake	Dessert of the Day	Dessert of the Day



Lunch Menu - Spring Term – Week 2 (15/01,05/01)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day	<u>Full English Brunch</u> Grilled Sausage Streaky Bacon Hash Browns Scrambled Egg Mushrooms Tomato Baked Beans
Main Counter	Pork & Leek Sausages with Mashed Potato Onion Gravy	Cheeseburger with French Fries	Beef Lasagne with Garlic Bread	Buttermilk Chicken Burger, on a Brioche Bun with Lemon Mayo & New Potatoes	Fish Fingers French Fries	Chicken Paella with Alioli Crusty Bread	
Main Counter	Beef Goulash with Brown & White Rice Sour Cream	Vegetable Paella with Garlic Aioli & Crusty Bread	Mushroom & Spinach Gnocchi in a Cream Sauce	Plant Based Meatless Balls in a Basil Tomato Sauce with Spaghetti	Butter Chicken Pilaf Rice, Mango Chutney & Popadom's	Sausage Roll With Curly Fries	
Vegetarian	Plant Based Cottage Pie	Mushroom Tortellini Garlic Dough Balls	Butternut Squash & Chickpea Feta Filo Pie	Chickpea Falafel wrap with Lemon slaw & Tzatziki Dressing	Four Cheese Ravioli In a Cheese Sauce	Bean & Vegetable Burrito with Curly Fries	<u>SUNDAY HOT SNACK</u> Sausage Roll Chips & Beans Cheese Sausage Roll Chips & Beans
Pasta	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	
Jacket Potato Half Sweet Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	
Vegetables	Minted Peas Cauliflower	Sweetcorn Baked Beans	Broccoli Sautéed Cabbage	Steamed Corn Roasted courgettes.	Baked Beans Garden Peas	Green Beans Steamed Carrots	
Fresh Salads							
Fresh Fruit	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments Whole fruit, Banana, Apples, Oranges						
Cold Desserts	Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Rice Pudding with Jam	Homemade Reduced Sugar Banana Cake	Berry Crumble & Custard	Homemade Sticky Toffee Pudding with Custard	Homemade Reduced Sugar Flapjack	Dessert of the Day	



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Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day
Main Counter	Chicken Katsu Katsu Sauce Jasmine Rice	Lamb Kofta Steamed Rice Garlic Mayo Flat Bread	Thai Green Chicken Curry Jasmine Sticky Rice	Sweet & Sour Pork Shoulder Asian Vegetables Egg Fried Rice	Beef Stir Fry with Garlic Green Beans	Ham & Pineapple Pizza Garlic Dough Balls & French Fries	Roast Chicken Sage & Onion Stuffing Roast Potatoes Gravy
Main Counter	Pumpkin Katsu Katsu Sauce with Jasmine Rice	Mandarin Pork With Egg Fried Rice	Shepherd's Pie	Southern Fried Chicken & Chips	Lebanese Lamb Burger New Potatoes	BBQ Chicken Wings	Salmon & Vegetable Paella
Vegetarian	Vegetable Gyoza with a Ginger & Lime Dipping Sauce	Soy & Ginger Vegetable Chow Mein with Sweet Chilli Sauce	Mushroom Stroganoff with Wild Rice	Butternut Squash Spinach and Chickpea Filo Pie with New Potatoes	Beetroot Burger in a Brioche Roll with Burger Sauce & Salad	Margarita Pizza with Garlic Dough Balls & French Fries	Three Cheese Ravioli
Pasta Bar	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce
Vegetables	Broccoli Sweetcorn	Spring Greens Roast Carrots	Courgettes Green Beans	Cauliflower Steamed Cabbage	Steamed Carrots Leeks	Corn on The Cob Salad Bar	Peas Red Cabbage
Cold Counter	Seasonal Salad Selection Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Homemade Blueberry Sponge with Custard	Fruit Salad Pouring Cream	Homemade Chocolate Brownie	Steamed Lemon Syrup Sponge	Homemade Berry Cheesecake	Dessert of the Day	Dessert of the Day



Lunch Menu – Spring Term – Week 3 (22/01,12/02)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	
	Beef Meatball's with Herb Spaghetti	Katsu Chicken Katsu sauce Jasmine Rice	Lamb Moussaka	Cottage Pie Topped with Mashed Potato	BBQ Chicken Pizza & French Fries	Fried Chicken BBQ Beans Potato wedges	<u>Full English Brunch</u>
Main Counter	Chicken Tikka Masala White Rice Garlic Naan Bread	Spanish Omelette with Garlic Alioli Potatas Bravas	Green Thai Vegetable Curry with Sticky Rice	Vegan Mince & Lentil Tagine Herb Cous Cous Flat Bread	Jumbo Fish Fingers with Tartar Sauce, Lemon wedge & French Fries	Harissa Spiced Salmon with Harissa Yogurt Steamed Potatoes	Grilled Sausage Streaky Bacon Hash Browns Scrambled Egg Mushrooms Tomato Baked Beans
Vegetarian	Vegi Mince Lasagne Rocket salad	Sweet Potato Katsu Katsu sauce Jasmine Rice	Mexican Bean & Rice Burrito	Caribbean Vegetable Coconut Curry with Steamed Rice	Margherita Pizza & French Fries	No Fowl Chicken Burger Tomato Relish Brioche Bun Potato Wedges	<u>SUNDAY HOT SNACK</u>
Pasta	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato Or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Pepperoni Pizza & Fries
Jacket Potato Half Sweet Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Cheese & Tomato Pizza & Fries
Vegetables	Steamed Broccoli Roasted Carrots	Sweetcorn Roasted Courgettes	Sautéed Leeks Green Beans	Steamed Corn Cauliflower	Baked Beans Garden Peas	Steamed Broccoli Corn on the Cob	
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments Whole Fruit: Banana, Apples, Oranges						
Cold Desserts	Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Reduced Sugar Chocolate Brownie	Mandarin Segments with Strawberry yogurt	Homemade Apple & BlackBerry Pie with Custard	Homemade Orange Cake	Steamed Ginger and Pineapple Sponge Pudding	Dessert of the Day	Dessert of the Day



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Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day	Soup of the Day
Main Counter	Chilli Beef Topped Macaroni Cheese	Shepherds Pie	Stone Baked Pepperoni Pizza Sweet Potato Fries	Piri Piri Chicken Leg with peppers & Onions Chilli Spiced Potatoes	Beef Souvlaki Pitta Bread & Salad	Chicken Katsu Katsu Sauce Jasmine Rice	Beef Lasagne Garlic Bread
Main Counter	Char Siu Pork Egg Fried Rice Prawn Crackers	Oriental Beef Stir Fry Pak Choi Udon Noodles	Loaded Beef Nachos topped with Sour Cream, Jalapenos	Turkey & Leek pie Puff Pastry lid Creamed Potato	Tandoori Chicken Leg Indian Spicy Rice Mint Yogurt	Cajun Pulled Pork Wrap Homemade Potato Wedges	Chicken Gyoza Ginger & Lime Dipping Sauce
Main Counter	Vegetable & Chickpea Chilli Steamed Wholemeal & White Rice	Roast Vegetable Pasta Bake with Garlic Bread	Stone-Baked Vegetarian Pizza Sweet Potato Fries	Plant Based Meatballs with Pasta in a Rich Tomato Sauce	Lentil & Paneer Curry Steamed Rice Cucumber Salad	Halloumi Shawarma Wrap	Bean & Vegetable Tacos Refried Beans Guacamole Cheese Sour Cream
Pasta Bar	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce
Vegetables	Baby Corn Sautéed Courgettes	Steamed Broccoli Steamed Carrots	Corn on the Cob Coleslaw	Steamed Leeks Garden Peas	Sautéed Spinach Green Beans	Cauliflower Broccoli	Sautéed Cabbage Carrots
Cold Counter	Seasonal Salad Selection Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Fresh Fruit Salad & Pouring Cream	Homemade Rocky Road	Lemon Muffin	Baked Jam sponge	Homemade Reduced Sugar Flapjack	Dessert of the Day	Dessert of the Day