



## Lunch Menu – Concourse Spring Term – Week 1 (05/01, /26/01)

	Monday 70	Tuesday 130	Wednesday 115	Thursday 135	Friday 40
<b>Main Counter</b>	Beef Meatballs with Spaghetti	Pork & Leek Sausage with Mashed Potato & Onion Gravy	Chipotle Chilli Beef Topped Mac & Cheese with Crispy Onions	Katsu Chicken & Katsu Sauce With Jasmine Rice Coriander	Cheeseburger with French Fries
<b>Vegetarian</b>	Vegan Bolognese with Penne Pasta	Vegetable Gyros, Flat Bread & Yogurt Dressing	Sriracha Roasted Cauliflower Cucumber Spring Onion Taco	Katsu Cauliflower With Jasmine Rice	Roast Vegetable Toad in The Hole
<b>Pasta</b>	Tomato Or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce
<b>Jacket Potato Half Sweet Potato</b>	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese
<b>Vegetables</b>	Roasted Carrots Steamed Leeks	Sautéed Cabbage Cauliflower	Broccoli Roast Courgettes	Sweetcorn Sautéed Cabbage	Garden Peas Baked Beans
<b>Fresh Salads</b>	Seasonal Salad Selection				
<b>Fresh Fruit</b>	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments, Whole Fruit, Banana, Apples, Oranges				
<b>Cold Desserts</b>	Jelly, Raspberry or Strawberry, Yoghurt Pots. Cold Dessert of the Day				
<b>Sweet Selection</b>	Rice Pudding with Jam Sauce	Homemade Apple Crumble & Custard	Chocolate Sponge with Chocolate Sauce	Cookie	Carrot Cake



## Lunch Menu - Concourse Spring Term – Week 2 (12/01,02/02)

	Monday 70	Tuesday 130	Wednesday 115	Thursday 135	Friday 40
Main Counter	Beef Rendang with Brown & White Rice	Katsu Chicken & Katsu Sauce With Jasmine Rice Coriander	Sweet & Sour Pork Hong Kong Style	Buttermilk Chicken Burger on a Brioche Bun, Spicy Mayo & Steamed New Potatoes	Breaded Fish & Chip Shop Chips With Tartar Sauce, Lemon wedge
Vegetarian	Quorn Goulash with Steamed Rice	Spinach & Ricotta Lasagne	Vegetable Paella with Garlic Aioli & Crusty Bread	Thai, Quorn & Vegetable Curry	Sweet Potato Frittata with a Tomato Salsa
Pasta	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce
Jacket Potato Half Sweet Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese
Vegetables	Cauliflower Green Beans	Roasted Courgettes. Steamed Corn	Broccoli Carrots	Steamed Corn Sautéed Cabbage	Baked Beans Garden Peas
Fresh Salads	Seasonal Salad Selection				
Fresh Fruit	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments Whole fruit, Banana, Apples, Oranges				
Cold Desserts	Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day				
Sweet Selection	Peaches & Yoghurt	Homemade Reduced Sugar Flapjack	Homemade Reduced Sugar Banana Cake	Fruit Salad	Jam Sponge with Custard



## Lunch Menu – Concourse Spring Term – Week 3 (19/01,09/02)

	Monday 70	Tuesday 130	Wednesday 115	Thursday 135	Friday 40
<b>Main Counter</b>	Chicken Mushroom & leek Pie with Mashed Potato	Beef Bolognese with Pasta & Garlic Bread	Spanish Chicken with Vegetable Paella	Methi Chicken Peas Pilau Rice	Meat Pizza & Sweet Potato Fries
<b>Vegetarian</b>	Vegi Mince Lasagne	NF Pesto Pasta Bake	Spanish Omelette with Garlic Aioli, Potato Bravas	Cajun Bean & Vegetable Burrito with a Tomato Salsa	Margherita Pizza & Sweet Potato Fries
<b>Pasta</b>	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato Or Cheese Sauce	Tomato or Cheese Sauce
<b>Jacket Potato Half Sweet Potato</b>	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese
<b>Vegetables</b>	Steamed Broccoli Steamed Corn	Steamed Green Beans Roast Carrots	Leeks Sweetcorn	Cauliflower Sauteed Courgettes	Baked Beans Garden Peas
<b>Fresh Salads</b>	Seasonal Salad Selection				
<b>Fresh Fruit</b>	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments Whole Fruit: Banana, Apples, Oranges				
<b>Cold Desserts</b>	Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day				
<b>Sweet Selection</b>	Apple Pie With Custard	Reduced Sugar Chocolate Brownie	Mandarin's With Yoghurt	Sticky Toffee Pudding with Custard	Cardamom Rice Pudding