

Breakfast Menu - Week A

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juice Bar	Orange, Apple, or Pineapple Juice,						
Hot Drinks	Selection of Teas, Coffee & Hot Chocolate						
Cereals	Muesli, Special K, Frosties, Weetabix, Cornflakes, Coco Pops served with Chilled Semi Skimmed Milk, Oat, or Soya Milk Porridge						
Hot or Continental Breakfast	Sausage, Hash Brown & Egg Bap Quorn Sausage, Hash Brown & Egg Bap with a selection of Sauces Beetroot Apple & Carrot Juice	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Grilled Tomato Baked Beans	Pan au Chocolate Boiled Eggs x 2 Mixed Berry Smoothie	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Grilled Tomato Baked Beans	Filled Croissant Ham & Cheese Or Cheese & Tomato Boiled Eggs x 2 Beetroot Apple & Carrot Juice	Crushed Avocado on Toasted Sourdough with Poached Eggs Warm Croissant with Continental Sliced Meats Cheese	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Grilled Tomato Baked Beans Banana Smoothie
Yoghurt Bar	Natural Yoghurt with a Selection of Toppings: Sunflower Seeds, Apricots, Dried Banana, Sultanas, Pumpkin Seeds, Chia Seeds						
Fruit Pots	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments						
Toast & Preserves	Fresh Toast White Bloomer, Wholemeal Bloomer, English Muffins, Bagels, Crumpet's served with Preserves: Strawberry Jam, Raspberry Jam, Honey						

Breakfast Menu -Week B

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Juice Bar	Orange, Apple, or Pineapple Juice,						
Hot Drinks	Selection of Teas, Coffee & Hot Chocolate						
Cereals	Muesli, Special K, Frosties, Weetabix, Cornflakes, Coco Pops served with Chilled Semi Skimmed Milk, Oat, or Soya Milk Porridge						
Hot or Continental Breakfast	Pan au Chocolate Boiled Eggs x 2 Peach Melba Smoothie	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Grilled Tomato Baked Beans Banana Coconut Smoothie	Waffles with Chocolate Sauce Maple Syrup Berry Compote Boiled Eggs x 2 Spinach, Apple Cucumber & Ginger juice	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Grilled Tomato Baked Beans	Crushed Avocado on Toasted Sourdough with Poached Eggs Warm Croissant with Continental Sliced Meats Cheese Oat Pear Cardamom Smoothie	Filled Croissant Ham & Cheese Or Cheese & Tomato Boiled Eggs x 2	<u>Full English</u> Grilled Sausage Grilled Bacon Hash Browns Fried Egg Mushrooms Grilled Tomato Baked Beans
Yoghurt Bar	Natural Yoghurt with a Selection of Toppings: Sunflower Seeds, Apricots, Dried Banana, Sultanas, Pumpkin seeds, Chia Seeds						
Fruit Pots	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments						
Toast & Preserves	Fresh Toast White Bloomer, Wholemeal Bloomer, English Muffins, Bagels, Crumpet's served with Preserves: Strawberry Jam, Raspberry Jam, Honey						

Lunch Menu – Summer Term – Week 1 (01/06, /22/06)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day	<u>Full English Brunch</u> Grilled Sausage Streaky Bacon Hash Browns Scrambled Egg Mushrooms Tomato Baked Beans
Main Counter	Beef Meatballs with Spaghetti	Chicken Dopiazza Pilaf Rice	Pulled BBQ Beef Brisket Topped Mac & Cheese with Crispy Onions	Katsu Chicken & Katsu Sauce With Jasmine Rice Coriander	Cheeseburger with French Fries	Chicken Milanese with Salsa Verde	
Main Counter	Thai Green Chicken Curry with Sticky Rice	Spaghetti Carbonara	Pork Jambalaya	Katsu Cauliflower With Jasmine Rice	Breaded Fish & Chip Shop Chips With Tartar Sauce, Lemon wedge	Beef Rendang with Brown & White Rice	
Vegetarian	Vegan Bolognese with Penne Pasta	Mixed Bean Lentil & Cheddar Quesadilla	Gnocchi With Kale & Sundried Tomatoes	Halloumi Wrap	Vegi Burger With French Fries	Courgette Spinach & Mushroom Wellington	<u>SUNDAY HOT SNACK</u> Sausage Roll Cheese Sausage Roll Selection of Sandwiches Crisps & Cookie
Pasta	Tomato Or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	
Jacket Potato Half Sweet Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	
Vegetables	Roasted Carrots Steamed Leeks	Cauliflower Sweetcorn	Broccoli Roast Courgettes	Sautéed Cabbage Corn on the Cob	Garden Peas Baked Beans	Steamed Carrots Sautéed Spinach	
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments, Whole Fruit, Banana, Apples, Oranges						
Cold Desserts	Jelly, Raspberry or Strawberry, Yoghurt Pots. Cold Dessert of the Day						
Sweet Selection	Old Fashion School Cake	Homemade Apple Crumble & Custard	Cookie	Fruit salad	Ice cream	Dessert of the Day	

Supper Menu – Summer Term – Week 1 (01/06, /22/06)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day
Main Counter	Chicken Kiev Garlic & Herb Butter with New Potatoes	Beef Lasagne with Garlic Bread	Sweet & Sour Crispy Chicken, Egg Fried Rice	Con Chow Ngau Pork Stir-Fry	Tuscan Roast Chicken Leg with Cannellini Beans	Lamb Shoulder Shawarma Wrap	Beef Meatballs in a Basil Tomato Sauce with Herb Spaghetti
Main Counter	Pork Schnitzel with New Potatoes & Mustard Sauce	Chicken Mozzarella Pasta Bake	Venison Stir-fry with Hoisin Sauce & Egg Noodles	Thai Fish Cakes with Sweet Chilli Sauce	Hoi sin Stir-Fry Beef with Mushrooms & Green Beans & Udon Noodles	Sticky Maple Soy & Ginger Salmon	Garlic & Herb Chicken Leg with Spicy Potato Wedges
Vegetarian	Harissa Veggie Mince & Sweet Potato Khobez	Vegetable Gyros, Flat Bread & Yogurt Dressing	Veggie Bolognese with Herb Spaghetti & Garlic Bread	Spinach & Ricotta Cannelloni Garlic Dough Balls	Spanish Omelette with Patatas Bravas	Sriracha Roasted Cauliflower Cucumber Spring Onion Taco	Three Cheese Tortellini Rocket & Parmesan Salad
Pasta Bar	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce
Vegetables	Garden Peas Steamed Cauliflower	Steamed Broccoli Steamed Carrots	Sautéed Pak Choi Baby Sweetcorn	Roast Courgettes Green Beans	Herb Roast Carrots Sweetcorn	Cauliflower Cheese Broccoli with Garlic	Cabbage Sweetcorn
Cold Counter	Seasonal Salad Selection Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Double Chocolate Chip Cookie	Frozen Yogurt Pots	Homemade Sticky Toffee Pudding & Custard	Homemade Berry Cheesecake	Blueberry Muffin	Dessert of the Day	Dessert of the Day

Lunch Menu - Summer Term – Week 2 (08/06,29/06)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day	<u>Full English Brunch</u> Grilled Sausage Streaky Bacon Hash Browns Scrambled Egg Mushrooms Tomato Baked Beans
Main Counter	Chicken & Pesto Patsa Bake	Massamam Thai Beef Curry with Sticky Rice	Venison Spaghetti Bolognese	Spanish Chicken with Vegetable Paella Crusty Bread	Breaded Fish & Chip Shop Chips With Tartar Sauce, Lemon wedge	Cape Malay Chicken Curry	
Main Counter	Sweet & Sour Pork Hong Kong Style	Turkey Chilli Con Carne with Steamed Rice	Italian Pork Stew with Penne Pasta	Bean & Vegetable Chilli with Sour cream & Nachos	Greek Pork Gyros Greek Salad & Chilli Sauce	Herb Crusted Hake Fillet with Cream Sauce Steamed Potatoes	
Vegetarian	Spinach & Ricotta Lasagne	Chickpea Falafel Wrap With Beetroot Slaw & Mint Dressing	Malaysian Pumpkin Curry with Coconut Rice	Coconut Tofu with Stir-fried Vegetables & Lemongrass	Crispy 5 spice Cauliflower Hoisin Bao Buns	Plant Based Meatless Balls in a Basil Tomato Sauce with Spaghetti	<u>SUNDAY HOT SNACK</u> Beef Burger Vegi Burger Selection of Sandwiches Crisps & Cookie
Pasta	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	
Jacket Potato Half Sweet Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	
Vegetables	Cauliflower Green Beans	Roasted Courgettes. Steamed Corn	Broccoli Carrots	Steamed Corn Sautéed Cabbage	Baked Beans Garden Peas	Green Beans Steamed Carrots	
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments Whole fruit, Banana, Apples, Oranges						
Cold Desserts	Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Peaches & Yoghurt	Reduced Sugar Flapjack	Chocolate Sponge with Chocolate Sauce	Homemade Reduced Sugar Banana Cake	Ice cream	Dessert of the Day	

Supper Menu – Summer Term – Week 2 (08/06,29/06)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day
Main Counter	Beef Rendang with Jasmine Rice	Sticky Glazed Pork Loin with Sautéed Pak Choi	Ouzi Lamb Baked Rice	Pork Loin with a Creamy Mushroom Sauce New Potatoes	Chicken Kiev with Garlic Butter & New Potatoes	Pork & Leek Sausage with Mashed Potato & Onion Gravy	Japanese Chicken Yakitori with Jasmine Rice
Main Counter	Breaded Chicken Bao Buns with Chilli & Spring Onion Pickles	Korean Chicken Bibimbap with Pickles & Fried Egg	Methi Chicken Peas Pilau Rice	Turkey Schnitzel with Steamed New Potatoes	Lamb Lahamacun Pizza	Tandoori Chicken Leg with Spiced Rice	Baked Salmon with Ginger & Soy
Vegetarian	Vegetable Gyoza with a Ginger & Lime Dipping Sauce	Vegetable Paella with Garlic Aioli & Crusty Bread	Butternut Squash & Harissa Tagine with Cous Cous	Mexican Quorn Burrito	Butternut Squash & Wow Butter Curry	Pesto Pasta Bake with Garlic Bread	Three Cheese Ravioli
Pasta Bar	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce	Tomato Or Cheese Sauce
Vegetables	Green Beans with Garlic & Soy Sweetcorn	Spring Greens Roast Carrots	Courgettes Green Beans	Cauliflower Steamed Cabbage	Steamed Carrots Leeks	Corn on The Cob Cauliflower	Peas Sweetcorn
Cold Counter	Seasonal Salad Selection Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Ice cream	Fruit Salad Pouring Cream	Chocolate Marble Cake	Cookie	Homemade Lemon Cheesecake	Dessert of the Day	Dessert of the Day

Lunch Menu – Summer Term – Week 3 (15/06)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Counter	Southern Fried Chicken Goujon Wrap Spicy Mayo & Steamed New Potatoes	Beef Bolognaise with Pasta & Garlic Bread	Hungarian Braised Pork Stew with Crispy Potatoes	Beef Madras with Basmati Rice	Pepperoni Pizza & Curly Fries	Oriental Beef Stir Fry with Pak Choi and Udon Noodles	<u>Full English Brunch</u> Grilled Sausage Streaky Bacon Hash Browns Scrambled Egg Mushrooms Tomato Baked Beans
Main Counter	Lamb Keema peas Pilau Rice	Chicken Shawarma Wrap	Beef Chilli with Rice, Sour cream Nachos Jalapeños	Mushroom & Parmesan Risotto	Breaded Fish & Chip Shop Chips With Tartar Sauce, Lemon wedge	Roast Salmon with Harissa Yoghurt Steamed Potatoes	
Vegetarian	Vegi Mince Lasagne	NF Pesto Pasta Bake	Spanish Omelette with Garlic Aioli, Potato Bravas	Cajun Bean & Vegetable Quesadilla with a Tomato Salsa	Margherita Pizza & Curly Fries	Goan Butternut Squash Chickpea & Tofu Curry	<u>SUNDAY HOT SNACK</u>
Pasta	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato Or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Sausage Roll
Jacket Potato Half Sweet Potato	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Baked Beans & Cheese	Cheese Sausage Roll
Vegetables	Steamed Broccoli Steamed Corn	Steamed Green Beans Roast Carrots	Leeks Sautéed Cabbage	Cauliflower Sautéed Courgettes	Baked Beans Garden Peas	Green Beans Corn on the Cob	Selection of Sandwiches Crisps & Cookie
Fresh Salads	Seasonal Salad Selection						
Fresh Fruit	A Selection of Cut Fruit, Pineapple, Cantaloupe Melon, Watermelon, Orange Segments Whole Fruit: Banana, Apples, Oranges						
Cold Desserts	Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Apple Pie With Custard	Reduced Sugar Chocolate Brownie	Mandarin's With Yoghurt	Lemon Drizzle Cake	Ice cream	Dessert of the Day	Dessert of the Day

Supper Menu – Summer Term – Week 3 (15/06)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station With Fresh Bread	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the Day	Soup of the Day
Main Counter	Beef Lasagne Garlic Bread	Hoi Sin Pork Belly Bao Bun, Pickled Cucumber & Spring Onion Salad	Stone Baked BBQ Chicken Pizza Curly Fries	Sticky Shogyaki Barbecued Pork, Sticky Rice	Beef Feijoada with Boiled Rice	Chicken Katsu Curry Sauce with Jasmine Rice	Roast Beef with Yorkshire Pudding & Roast Potatoes
Main Counter	Turkey Fajitas with Flat Breads & Sour Cream	Chicken Parmigiana with Penne Arrabiata	Massamam Thai Beef Curry	Chicken Pesto Pasta Bake	Makhani Butter Chicken with Naan Bread, Mango Chutney	Indonesian Pork NF Satay with Sticky Rice	Karagge Chicken
Main Counter	Plant Based Meatballs with Pasta in a Rich Tomato Sauce	Coconut Tofu with Lemongrass Stir- fried Vegetables	Stone-Baked Vegetarian Pizza Curly Fries	Fried Cauliflower, Burnt Corn, Avocado & Chipotle Taco	Four Cheese Ravioli with Garlic Bread	Sweet Potato Frittata with a Tomato Salsa	Quorn Sausage Toad In the Hole, Onion Gravy
Pasta Bar	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce	Tomato or Cheese Sauce
Vegetables	Corn on The Cob Sauteed Courgettes	Steamed Broccoli Sweetcorn	Steamed Carrots Green Beans	Steamed Leeks Garden Peas	Sautéed Spinach Green Beans	Cauliflower Broccoli with Garlic	Sauteed Cabbage Carrots
Cold Counter	Seasonal Salad Selection Jelly, Raspberry or Strawberry, Yoghurt Pots, Cold Dessert of the Day						
Sweet Selection	Fresh Fruit Salad & Pouring Cream	Oat & Raisin Cookie	Yum Yum	White Chocolate Cheesecake	Pineapple Upside Down Cake	Dessert of the Day	Dessert of the Day